

January 2021

THE SOURCE

THE NEWSLETTER OF LIFE BRIDGE PARTNERSHIP



CREATING CONNECTIONS,
ENRICHING LIVES.



IMPORTANT DATES

Thur, December 17

- Program sign-up

Fri, January 1

- Office closed in observance of **New Years Day**

Mon, January 20

- Office closed in observance of **Martin Luther King Day**

Announcement

Happy New Year Members and Families ,

Due to the County restrictions because of the increasing COVID cases we will only be providing virtual programs. We encourage clients to sign-up and participate in these programs to stay engaged in the Out & About program and stay connected with their peers. If you are interested in participating in these programs and have not accessed them, please reach out to your CTS and they will assist you in getting started with virtual programming.

Out and About
Program Funders:



THE OUT AND ABOUT PROGRAM IS ONLINE

On the next page you will see a new calendar of programs that are happening online. Participation in these programs is NOT required and does not affect your status as an active member in the O&A program. These programs are being offered to provide you a way to remain social and connect with your friends and our staff!

The average program time is between 30 and 90 minutes in length and will be facilitated with video chat through Zoom. The best way to access these events is to have a Facebook profile and have “friended” each member of our staff. You’ll then receive an invite to the program on Facebook, be sure to RSVP as “Going.” We are happy to assist you with this! You’ll receive reminders and important updates once you have RSVP on Facebook. The link to the Zoom programs will be on the Facebook event page but we can email them if necessary, please specify this when signing up for programs. Reminders via email and phone calls will not occur so make sure you keep track on your calendar!

There is no limit to the number of online programs you can participate in, but please follow through on your commitments. To register, call your CTS at the office, email, or Facebook message your program choices at any time.

Communicating with LifeBridge Staff

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St. Louis City and County

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Community Training Supervisor

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Adam Saito

Program Support Manager

Support Services (Transportation, Volunteerism, Quality Management)

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Chief Program Officer

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If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



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January

Welcome to the O&A Virtual Events calendar! Virtual events will be 1-2 hours long and take place using Zoom video. See page 4 for full event descriptions.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1)	2)
3)	4)	5) Melbourne Zoo Tour 5pm-6pm	6) Coloring Kick Off 12pm-1pm	7)	8) Disney Movie 11am-12:30pm	9)
10)	11)	12) Bingo 6pm-7pm	13) Dogs Got Talent 5pm-6pm	14)	15)	16)
17)	18)	19) Trivia 6pm-7pm	20) Family Feud 6pm-7pm	21)	22)	23)
24)	25) In-Home Scavenger Hunt 6pm-7pm	26) Action Pack Movie Night 5:45pm-7:45pm	27)	28) Craft Night 5pm-6pm	29)	30)
31)						



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Out and About Event Descriptions

Date	Time	Event	CTS	Event Description
Tuesday, Jan. 5	5pm-6pm	Melbourne Zoo Tour	Chanese	Enjoy a virtual tour of an Australian zoo, and learn about some of your favorite animals!
Wednesday, Jan. 6	12pm-1pm	Coloring Kick Off	Kelly	Talk, laugh and color with your LifeBridge friends. Coloring sheets will be provided only.
Friday, Jan. 8	11am-12:30pm	Disney Movie	Kelly	Eat brunch and watch a Disney movie! Movie suggestions are welcomed!
Tuesday, Jan. 12	6pm-7pm	Bingo	Kelly	Once again, calling all bingo players! Come on out and join us for a game or 2 on zoom!
Wednesday, Jan.13	5pm-6pm	Dogs Got Talent	Chanese	Watch dogs show their talent during "Britain and America's Got Talent" audition videos.
Tuesday, Jan. 19	6pm-7pm	Trivia	Kelly	Come on out to play the guessing game. How good are you at taking a wild guess? Join us on zoom!
Wednesday, Jan. 20	6pm-7pm	Family Feud	Chanese	Enjoy playing America's favorite game.
Monday, Jan. 25	6pm-7pm	In-Home Scavenger Hunt	Chanese	Enjoy a scavenger hunt from the comforts of your own home!
Tuesday, Jan. 26	5:45pm-6:45pm	Action Pack Movie Night	Kelly	Enjoy a movie with lots of action and not have to leave your home for the thrill!
Thursday, Jan. 28	5pm-6pm	Craft Night	Chanese	Bring your own crafting project and discuss your love for crafting with your peers. Host will also be teaching a craft in the beginning of the program.