



# THE Source

NEWSLETTER OF LIFE BRIDGE PARTNERSHIP



CREATING CONNECTIONS,  
ENRICHING LIVES.

## DECEMBER 2020

### Important Dates

- ▶ **Monday, November 16:** Registration Opens for November Events
- ▶ **Thur-Fri, November 26-27:** Office closed in observance of Thanksgiving
- ▶ **Friday, December 11:** Holiday Gift Delivery
- ▶ **Thur-Fri, December 24-25:** Office closed in observance of Christmas

### Need to know!!!

#### Greetings,

There's been a trend of registering for community events 2-3 weeks after the program sign-up deadline. It is important to call and/or email program choices within 5 days of the registration date to be sure you are not missing out on opportunities for community events. However, we do not base reservations on first come first served but spaces are limited due to COVID-19. If the deadline is missed, this can cause the participant from accessing the community.



Lastly, when contacting staff during business hours, please call only once and leave a message. Staff will respond immediately if not, your call will be returned within one business day. Please keep in mind we do not have office hours on the weekends. Should you need an immediate response in regards to programming after 4:30pm or on the weekend please call the On Call Emergency phone at 314-778-0822 if you are concerned about: not being able to attend your scheduled program, have transportation concerns, or if a family member needs to get ahold of you while you are on a program. Otherwise, do not call the On Call Emergency phone.

Out & About Funders:



## Communicating with LifeBridge Staff

**Kelly Fraction:** St. Louis City and St. Louis County Participants  
Community Training Supervisor 314-701-7265 [kellyf@lifebridgestl.org](mailto:kellyf@lifebridgestl.org)/ Facebook Profile: **Kelly At LifeBridge**

**Chanese Harris:** St. Louis County Participants  
Community Training Supervisor 314-701-8128 [chaneseh@lifebridgestl.org](mailto:chaneseh@lifebridgestl.org)/ Facebook Profile: **Chanese LifeBridge**

**Adam Saito:** Support Services including transportation, volunteerism, quality management  
Program Support Manager 314-756-0207 [adams@lifebridgestl.org](mailto:adams@lifebridgestl.org)/ Facebook Profile: **Adam At LifeBridge**

**Heather Ward:** St. Louis City and St. Louis County Participants  
Chief Program Officer 314-926-0940 [heatherw@lifebridgestl.org](mailto:heatherw@lifebridgestl.org)/ Facebook Profile: **Heather At LifeBridge**

## Virtual & Community Events

On page 3 you will see new calendar of events that are online and in the community. Participation in events is NOT required and will NOT affect your status as an active member in the O&A program. These events are being offered to provide you a way to remain social and connect with your friends and our staff!

The average virtual event time is between 30 and 60 minutes and will be facilitated with video chat through Zoom and/or Facebook. To access these events you must have a Facebook profile and have “friended” a member of our staff. You’ll then receive an invite to the event on Facebook, be sure to RSVP as “Going.” You’ll receive reminders and important updates once you have RSVP’d on Facebook. The link to the programs on Zoom will be on the Facebook event page or emailed to you if you do not have a Facebook profile. We are happy to assist you with this!

**PLEASE REGISTER FOR THESE EVENTS.** There is no limit on the number of events you participate in, but please follow-through on your commitments. Community events will be limited so get your choices in right away. To register, call your CTS between the hours of 10am-5pm Monday-Friday. You may email or Facebook message your choices at any time.

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a blue rectangular background.



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Welcome to the O&A Virtual/Community Events calendar!

Virtual events will be 1 hour long and take place using Zoom video.

See page 4 for full event descriptions.

Not all events are free.

# DECEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1)  MOVIE NIGHT 5:45PM-7:45PM (VIRTUAL)	2)	3)  HOLIDAY LIGHT SHOW 5PM-6PM (VIRTUAL)  WINTER PAINT FEST 11:30AM-1:30PM (LB OFFICE)	4)	5)  LAST CALL HOLIDAY SHOPPING 12PM-2PM (COMMUNITY)
6)	7)  DISNEY TRIVIA PT. 2 6PM-7PM (VIRTUAL)	8)  THROW BACK CARTOON 6PM-7PM (VIRTUAL)  	9)	10)  CHRISTMAS THEATER 12P-2PM (LB OFFICE)	11)  HOLIDAY GIFT DELIVERY 1PM-4PM (IN-PERSON)	12)  HOLIDAY DANCE PARTY 7PM-8PM (VIRTUAL)
13)    TILLES PARK LIGHTS 5PM-7PM (COMMUNITY)	14)	15)  HOLIDAY FAMILY FEUD 6PM-7PM (VIRTUAL)	16)  CRAFTY BRUNCH 11:30AM-1:30PM (LB OFFICE)	17)  HOLIDAY GAME NIGHT 5:30PM-7:30PM (LB OFFICE)	18)  HOLIDAY GAME NIGHT PT. 2 5:30PM-7:30PM (LB OFFICE)	19)
20)	21)	22)	23)	24)   Christmas Eve	25)  	26)
27)	28)	29)	30)	31)		

**YOU MUST REGISTER FOR THESE EVENTS.** There is no limit on the number of events you participate in, but please follow-through on your commitments. To register, call your CTS between the hours of 10am-5pm Monday-Friday. You may email or Facebook message your choices at any time.



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# O&A Virtual/Community Events Description

Date	Time	Event	CTS	Event Description
Tue, Dec 1	5:45pm-7:45pm	Movie Night (Virtual)	Kelly	Get your popcorn and snacks ready and kick up your feet while watching a movie with your pals virtually.
Thur, Dec 3	11:30am-1:30pm	Winter Paint Fest (LB Office)	Kelly	Paint your favorite winter theme on a canvas! Enjoy a fun day at the LifeBridge office. A light lunch will be served. Cost: \$10 admission
Thur, Dec 3	5pm- 6pm	Holiday Light Show (Virtual)	Chanese	Enjoy watching beautiful Holiday light shows virtually!
Sat, Dec 5	12pm-2pm	Last Call Holiday Shopping (Community)	Chanese	Want to enjoy a good meal and finish up your holiday shopping? Well here's your chance! Enjoy a meal at Firehouse subs in <u>South City</u> and then head over to Five Below or Ross in the same plaza to shop till you drop! Cost: \$10 food +spending money
Sat, Dec 5	12pm-2pm	Last Call Holiday Shopping Pt. 2 (Community)	Kelly	Want to enjoy a good meal and finish up your holiday shopping? Well here's your chance! Enjoy a meal at McAlister's Deli and then head over to Five Below or Target in the same plaza to shop till you drop! Located in <u>North County</u> . Cost: \$10 food +spending money
Mon, Dec 7	6pm-7pm	Disney Trivia Pt. 2 (Virtual)	Chanese	Enjoy a game of Disney Trivia!
Tues, Dec 8	6pm-7pm	Throwback Cartoon (Virtual)	Kelly	When was the last time you watched a cartoon from back in the day? Join us this evening to watch throwback cartoons virtually.
Thur, Dec 10	12pm-2pm	Christmas Theater (LB Office)	Chanese	Enjoy watching a Holiday themed film while enjoying snacks and popcorn at the LifeBridge office! Cost: \$3 admission
Fri, Dec 11	1pm-4pm	Holiday Gift Delivery (Porch)	Heather	LifeBridge would like to help you celebrate the holidays with a gift delivery! Gifts will include fun holiday crafts, snacks, and a few treats just for you! Each kit will include raffle tickets for amazing holiday gifts. The raffle will take place on Saturday, December 12 through a VIRTUAL Dance party event on Zoom! For more details see event description for Saturday, December 12. You <b>MUST RSVP</b> for a Holiday Gift. You do not have to be home to receive the Holiday Gift. <b>You must be present at the virtual dance party to win a raffle prize!</b> Cost: FREE but must RSVP
Sat, Dec 12	7pm-8pm	Holiday Dance Party (Virtual)	Kelly	Join LifeBridge virtually as we celebrate the holidays! Dress up in your best party wear or show off your ugly holiday sweater! DJ Brian will be mixing live dance music! We will be raffling off some amazing gifts so be sure you put your RSVP in for a Holiday Kit delivery!
Sun, Dec 13	5pm-7pm	Tilles Park Lights (Community)	Chanese	Enjoy a meal at Lion's Choice and then head over to Tilles Park in Ladue to enjoy the Winter Wonderland Lights!! Cost: \$5 lights, \$8-\$11 food
Tue, Dec 15	6pm-7pm	Holiday Family Feud (Virtual)	Chanese	Enjoy playing America's favorite game, Family Feud. Play to win with our Holiday themed game!
Wed, Dec 16	11:30am-1:30pm	Crafty Brunch (LB Office)	Kelly	Come on out to the LifeBridge office for some crafty adventures. Whether it's painting, coloring or beading let us see that work of art. Join your LifeBridge friends for brunch as well! Cost: \$10 admission, food choice TBD
Thur, Dec 17	5:30pm-7:30pm	Holiday Game Night (LB Office)	Kelly	Enjoy an evening of Holiday themed fun at the LifeBridge Office. Enjoy playing games, singing carols, and eating holiday snacks. This program is reserved for those that are <u>North county/city residents</u> . Cost: \$5 admission
Fri, Dec 18	5:30pm-7:30pm	Holiday Game Night Pt. 2 (LB Office)	Chanese	Enjoy an evening of Holiday themed fun at the LifeBridge Office. Enjoy playing games, singing carols, and eating holiday snacks. This program is reserved for those that are <u>South and Mid county/city residents</u> . Cost: \$5 admission