



THE Source

NEWSLETTER OF LIFE BRIDGE PARTNERSHIP



CREATING CONNECTIONS,
ENRICHING LIVES.

August 2020

Important Dates

- ▶ **Thursday, July 23:** Registration Opens for August Events
- ▶ **Friday, July 24:** Follow up with CTS about changes / schedule Social Distance Training

Changes in the O&A Program!!

Families,

Letters were mailed to all O&A families to make sure everyone is well informed of the next steps LifeBridge Partnership will take to resume community programming. We have been working diligently to ensure that our transition to in-person services is fully thought out and considers all the needs for our participants and their families to be safe. Occupational Therapy students from Washington University have been working alongside our staff at LifeBridge Partnership to create a detailed and thorough transition plan that will allow us to transition gradually and educate the participants on the next steps and expectations when in the community. Your response is required upon receiving the letter via mail or email no later than **July 24th**. We look forward to hearing from everyone and we're excited about being able to see our clients in person!



Communicating with LifeBridge Staff

The LifeBridge office is currently closed but all staff are working remotely and have access to a company cell phone, email, and Facebook.

Kelly Fraction: Community Training Supervisor	St. Louis City and St. Louis County Participants 314-778-0823/ kellyf@lifebridgestl.org/ Facebook Profile: Kelly At LifeBridge
Chanese Harris: Community Training Supervisor	St. Louis County Participants (Mid, West, and South Counties) 314-778-0826/ chaneseh@lifebridgestl.org/ Facebook Profile: Chanese LifeBridge
Katrina Farthing: Community Training Supervisor	St. Louis County Participants (Mid and North Counties) 314-778-0828/ katrinaf@lifebridgestl.org/ Facebook Profile: Katrina At LifeBridge
Adam Saito: Program Support Manager	Support Services including transportation, volunteerism, quality management adams@lifebridgestl.org/ Facebook Profile: Adam At LifeBridge
Heather Ward: Chief Program Officer	314-583-7303/heatherw@lifebridgestl.org Facebook Profile: Heather At LifeBridge

Now Offering Online Events

The Out and About program is now **ONLINE!**

On page 3 you will see a new calendar of events that are online. Participation in these events is **NOT** required and will **NOT** affect your status as an active member in the O&A program. These events are being offered to provide you a way to remain social and connect with your friends and our staff!

The average event time is between 30 and 60 minutes in length and will be facilitated with video chat through Facebook and Zoom. The only way you can access these events is to have a Facebook profile and have “friended” a member of our staff. You’ll then receive an invite to the event on Facebook, be sure to RSVP as “Going.” You’ll receive reminders and important updates once you have RSVP’ed on Facebook. The link to the programs on Zoom will be on the Facebook event page. We are happy to assist you with this!

PLEASE REGISTER FOR THESE EVENTS. There is no limit on the number of events you participate in, but please follow-through on your commitments. Events will be limited so get your choices in right away. To register, call your CTS between the hours of 10a-5p Monday-Friday. You may email or Facebook message your choices at any time.





CREATING CONNECTIONS,
ENRICHING LIVES.

Welcome to the O&A Online Events calendar!
Each event will be 30-60 minutes long and take place using Zoom video.

See page 4 for full event descriptions.

All events are **FREE**.

August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 Karaoke 5pm-6pm	6	7 Zoo Fun 2pm-3pm	8
9	10	11 Movie Night 5:30pm-7:30pm	12 Show & Tell 6pm-7pm	13	14 Dance Party 6pm-7pm	15
16	17	18 Pet Trivia 6pm-7pm	19 New Zealand Zoo 6pm-7pm	20 Great Barrier Reef 6pm-7pm	21	22
23	24	25 World Tour Pt.2 6pm-7pm	26 Family Feud 5pm-6pm	27	28 Nasa Tour 2pm-3pm	29
30	31					

YOU MUST REGISTER FOR THESE EVENTS. There is no limit on the number of events you participate in, but please follow-through on your commitments. To register, call your CTS between the hours of 10am-5pm Monday-Friday. **You may email or Facebook message your choices at any time.**



O&A Online Events Description

CREATING CONNECTIONS,
ENRICHING LIVES.

Date	Time	Event	CTS	Event Description
Thurs, Aug 5	5pm- 6pm	Karaoke	Chanese	Enjoy a day of singing your favorite songs with your peers and getting praise! You will be able to sing any song anyway you want.
Fri, Aug 7	2pm- 3pm	Zoo Fun	Katrina	See a variety of animals at the Cincinnati Zoo in Ohio! We'll watch recordings of narrated feedings and see some of the best footage of their animals, they will be different animals than the July program.
Tues, Aug 11	5:30pm- 7:30pm	Movie Night	Kelly	Join me virtually for movie night. Get your popcorn ready and enjoy the show!
Weds, Aug 12	6pm- 7pm	Show & Tell	Katrina	Have you ever wanted to show off something to your LifeBridge friends? Now is your chance. In this session you'll show things that are important to you and tell us about them. Everyone will have a few turns to show a variety of things like your pet kitty, a piece of art you've been making, or some pictures of your family!
Fri, Aug 14	6pm- 7pm	Dance Party	Chanese	Enjoy showing your moves and hanging out with your LifeBridge friends. Dance until you can't anymore to the tunes that make you move, and learn the latest dances!
Tues, Aug 18	6pm- 7pm	Pet Trivia	Kelly	Take the knowledge that you know about your favorite animals and put it to the test! You will be given facts about an animal and you guess what that animal is!
Weds, Aug 19	6pm- 7pm	New Zealand Zoo	Chanese	Enjoy a virtual tour of a New Zealand zoo and see cool and exotic animals with your LifeBridge friends
Thurs, Aug 20	6pm- 7pm	Great Barrier Reef	Katrina	Tour the Great Barrier Reef off the Coast of Australia with legendary Sir David Attenborough leading our journey! Learn about the fish and coral that call this place home.
Tues, Aug 25	6pm- 7pm	World Tour Pt. 2	Kelly	Let us take a trip around the world in the comfort of our home. We will be exploring all the world has to offer from monuments to oceans!
Weds, Aug 26	5pm- 6pm	Family Feud	Chanese	Enjoy playing America's favorite game, and see if your team can walk away with the most points.
Fri, Aug 28	2pm- 3pm	NASA Tour	Katrina	Virtually tour different parts of NASA's Kennedy Space Center in Fort Lauderdale, Florida. Learn about the mission of NASA, training involved to be an astronaut, and watch videos of the some launches!