



THE Source

NEWSLETTER OF LIFE BRIDGE PARTNERSHIP



CREATING CONNECTIONS,
ENRICHING LIVES.

June 2020

Important Dates

- ▶ **Friday, May 29:** Registration Opens for June Events
- ▶ **Friday, June 12:** Mega Bingo!
- ▶ **Sunday, June 14:** Last Day to Sign Up to Receive a New Activity Kit

Activity Kits and Bingo!

Families,

You have received an activity kit that will help you stay engaged with LifeBridge and peers that we hope you will enjoy. We will repeat this in June with the kits being dropped off at your doorstep. For those who'd like to receive kits again, please reach out to your Community Training Supervisor to let them know! We'd also appreciate feedback on the kit you have received. **Kits will only be delivered to clients who request them no later than June 14th.** See page 2 for how to contact your CTS.

Come play Bingo with your fellow Out & About members on Zoom on Friday, June 12th at 6pm! Enjoy a fun-filled evening with your LifeBridge friends and staff! Bingo cards have been included in your kit. Winners will receive a prize that will be dropped off at your doorstep later in the month! Be sure to sign up with your CTS to secure your spot.



Out and About Program Funders:



Communicating with LifeBridge Staff

The LifeBridge office is currently closed but all staff are working remotely and have access to a company cell phone, email, and Facebook.

Kelly Fraction: Community Training Supervisor	St. Louis City and St. Louis County Participants 314-778-0823/ kellyf@lifebridgestl.org/ Facebook Profile: Kelly At LifeBridge
Chanese Harris: Community Training Supervisor	St. Louis County Participants (Mid, West, and South Counties) 314-778-0826/ chaneseh@lifebridgestl.org/ Facebook Profile: Chanese LifeBridge
Katrina Farthing: Community Training Supervisor	St. Louis County Participants (Mid and North Counties) 314-778-0828/ katrinaf@lifebridgestl.org/ Facebook Profile: Katrina At LifeBridge
Adam Saito: Program Support Manager	Support Services including transportation, volunteerism, quality management adams@lifebridgestl.org/ Facebook Profile: Adam At LifeBridge
Heather Ward: Chief Program Officer	314-583-7303/heatherw@lifebridgestl.org Facebook Profile: Heather At LifeBridge

Now Offering Online Events

The Out and About program is **ONLINE!**

On page 3 you will see a new calendar of events that are happening online. Participation in these events is NOT required and will NOT affect your status as an active member in the O&A program. These events are being offered to provide you a way to remain social and connect with your friends and our staff!

The average event time is between 30 and 60 minutes in length and will be facilitated with video chat through Facebook and Zoom. The only way you can access these events is to have a Facebook profile and have “friended” a member of our staff. You’ll then receive an invite to the event on Facebook, be sure to RSVP as “Going.” We are happy to assist you with this! You’ll receive reminders and important updates once you have RSVP’ed on Facebook. The link to the Zoom programs will be on the Facebook event page.

PLEASE REGISTER FOR THESE EVENTS. There is no limit on the number of events you participate in, but please follow-through on your commitments. Events will be limited so get your choices in right away. To register, call your CTS between the hours of 10a-5p Monday-Friday. **You may email or Facebook message your choices at any time.**





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Welcome to the O&A Online Events calendar!
Each event will be 30-60 minutes long and take place using Zoom video.

See page 4 for full event descriptions.

All events are **FREE**.

June

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Netflix Movie Night 5:30-7:30pm	3	4 Charades Fun 5pm-6pm	5 Monterey Bay Aquarium 3pm-4pm	6 Weekend Nail Art 12pm-1pm
7	8 Star Craft 5:30pm-6:30pm	9 Tiger Tour 12:50pm-1:50pm	10	11	12 Mega Bingo 6pm-7:30pm	13 Karaoke 1pm-2pm
14	15	16	17 Virtual Disney 6pm-7pm	18 Dance Party 4pm-5pm	19 Trivia Night 6pm-7pm	20 Pencil Holder 12pm-1pm
21 	22 Thrill Seekers 5:30pm-6:30pm	23 Family Feud 5pm-6pm	24	25	26 Crazy Hat Party 5pm-6pm	27
28	29	30 Fitness w/ Friends 5pm-6pm				

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O&A Online Events Description

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Date	Time	Event	CTS	Event Description
Tues, June 2	5:30pm- 7:30pm	Netflix Movie Night	Kelly	Enjoy a movie on us! Netflix has many options, so get your popcorn and/or snack food ready! There will be a vote on which movie we will watch together.
Thurs, June 4	5pm- 6pm	Charades Fun	Chanese	Enjoy playing charades with your LifeBridge friends and having fun! You will be able to act out the words and your peers get to guess, will you be convincing enough?
Fri, June 5	3pm- 4pm	Monterey Bay Aquarium	Katrina	Virtually visit Monterey Bay Aquarium in Monterey, California! We'll check out their live camera streams of sharks, fish, penguins, sea lions, and birds. Then we'll join in for the live, narrated sea otter feeding!
Sat, June 6	12pm- 1pm	Weekend Nail Art	Kelly	Ladies, do you miss getting your nails done? Let's DIY and watch videos on different nail art. Get out your nail polish and toothpicks to etch fascinating designs.
Mon, June 8	5:30pm- 6:30pm	Star Craft	Katrina	Create star crafts while visiting with your LifeBridge friends! Supplies Needed: star craft kit & star printout (included in your packet), scissors, something to color with
Tues, June 9	12:50pm -1:50pm	Tiger Tour	Katrina	Crown Ridge Tiger Sanctuary in Ste. Genevieve, Missouri is hosting a virtual tour of their tigers just for us! Come along to see Gracie, Thor, and Izzy, and ask all your tiger-related questions!
Fri, June 12	6pm- 7:30pm	Mega Bingo	Kelly	Calling all bingo players! Gather with all of your LifeBridge friends and play some B.I.N.G.O. Materials will be provided! There're prizes too!
Sat, June 13	1pm- 2pm	Karaoke	Chanese	Enjoy a day of singing your favorite songs with your peers and getting praise! You will be able to sing any song anyway you want.
Wed, June 17	1pm- 2pm	Virtual Disney	Katrina	We'll "ride" some of the different rides from Disney! Check out the Star Wars: Rise of the Resistance, It's a Small World, Frozen Ever After, Splash Mountain, and the Jungle Cruise.
Thurs, June 18	4pm- 5pm	Dance Party	Chanese	Enjoy showing your moves and hanging out with your LifeBridge friends. Dance until you can't anymore to the tunes that make you move!
Fri, June 19	6pm- 7pm	Trivia Night	Kelly	Do you like to be quizzed? Are you good at getting the correct answer? If so join us for Trivia Night! Get ready to be asked random questions! See you soon!
Sat, June 20	12pm- 1pm	Pencil Holder	Kelly	Get your popsicle sticks ready and put together a pencil or pen holder! Materials will be provided!
Mon June 22	5:30pm- 6:30pm	Thrill Seekers	Katrina	If you enjoy extreme sports this is for you! We'll check out a variety of extreme sports videos from skydiving to skiing to car racing. A lot of these are point of view videos so this may not be the best choice if you get motion sickness easily or are afraid of heights.
Tues, June 23	5pm- 6pm	Family Feud	Chanese	Enjoy playing America's favorite game, and see if your team can walk away with the most points.
Fri, June 26	5pm- 6pm	Crazy Hat Party	Kelly	Do you have a crazy hat you want to show off? Join us on Zoom and show us your crazy styles!
Tues, June 30	5pm- 6pm	Fitness with Friends	Chanese	Get the chance to recharge your body with a nice relaxing workout with your LifeBridge friends.