



# THE Source

NEWSLETTER OF LIFEBRIDGE PARTNERSHIP



CREATING CONNECTIONS,  
ENRICHING LIVES.

## February 2020

### Important Dates

- ▶ **Thursday, January 16:** Program sign-up begins at 9am
- ▶ **Monday, January 20:** LifeBridge office closed in observance of Martin Luther King Day
- ▶ **Monday, February 17:** LifeBridge office closed in observance of President's Day

### Cancelation Policy Update 2020

#### Out and About Program Cancellation Policy 2020

In the event that you need to cancel for a program for any reason, please notify O&A staff immediately.

If it is 7 days or more before the program date, there will be no penalty for your cancellation. If you cancel for a program less than 7 days before, it will result in the following:

- If you cancel 3 programs in a 3 month period you will be suspended from services for one month.

A warning will be provided after 2 cancellations.

- You will be responsible for any pre-paid fees that are associated with the activity (admissions, ticket, costs, etc.). These fees must be paid before you can register for additional activities.

The Cancellation Policy is in place to ensure that LifeBridge is utilizing its resources to the fullest including transportation and staffing. We understand that you may experience illness, schedule conflicts, and financial constraints that may cause you to cancel for a scheduled program. Early notification is key! ~Kelly Fraction

## Communicating with LifeBridge Staff

To schedule programs, ask questions, or cancel for programs, contact a member of the Out and About team:

<b>Kelly Fraction:</b> Community Training Supervisor	St. Louis City and St. Louis County Participants 314-989-1188 ext. 109/ kellyf@lifebridgestl.org
<b>Chanese Harris:</b> Community Training Supervisor	St. Louis County Participants 314-989-1188 ext. 106/ chaneseh@lifebridgestl.org
<b>Katrina Farthing:</b> Community Training Supervisor	St. Louis County Participants 314-989-1188 ext. 102/ katrinaf@lifebridgestl.org
<b>Adam Saito:</b> Program Support Manager	Support Services including transportation, volunteerism, quality management 314-989-1188 ext. 105/ adams@lifebridgestl.org
<b>Heather Ward:</b> Chief Program Officer	St. Louis City and St. Louis County Participants 314-989-1188 ext. 104/ heatherw@lifebridgestl.org

- ⇒ If you are trying to reach a staff member by phone, please leave a message and allow up to 1 business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.
- ⇒ If you have access to email, be sure to let LifeBridge staff know your email. In most cases, email is the quickest way to communicate with staff concerning program planning and questions.

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### **\*\*New Number\*\* After Hours Emergency Phone Line:**

**314-778-0822 (call only, no text capabilities)**

- ⇒ The emergency phone is answered Monday-Friday after 4:30pm and all day Saturday and Sunday.
- ⇒ You can call the emergency phone to let staff know that you are unable to attend your scheduled program, have transportation concerns, or if a family member needs to get ahold of you while you are on a program.
- ⇒ You may NOT call the emergency phone to ask questions about an upcoming program or ask who is driving your program. These types of questions need to be asked during business hours. Repeatedly calling the emergency phone line will lead to suspension of Out and About services.
- ⇒ The emergency phone is answered on a rotating weekly schedule by our executive team. Please leave a message and your call will be returned within 15 minutes.

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## Out and About Program Cancellation Policy

In the event that you need to cancel for a program for any reason, please notify O&A staff immediately. If it is more than 7 days before the program, there will be no penalty for your cancellation. If you cancel for a program less than 7 days before, it will result in the following penalties:

- If you cancel more than 3 programs in a 3 month period you will be suspended from services for one month. A warning will be provided after 2 cancellations.
- You will be responsible for any fees that are associated with the activity (admissions, ticket costs, etc.). These fees must be paid before you can register for additional activities.

## **Registration begins Thursday, Jan 16 at 9am**

Contact Kelly: 314-989-1188 ext. 109/ [kellyf@lifebridgestl.org](mailto:kellyf@lifebridgestl.org)

**Cost does not include transportation**

### **Friday, Feb 7: 6pm-9:30pm “Science Center First Friday: Mighty Ducks”**

It's flying V time. Come celebrate the science and excitement of sports. How do athletes train to be the best and what toll do sport injuries really take on the human body?

Why does the amount of air in a football make such a difference? Answers to these questions and so much more await. Based off the movie Mighty Ducks.

Cost: \$10-\$15 dinner at one of Science Center Cafe's

### **Saturday, Feb 15: 1pm-4:30pm “SLU Basketball”**

Come watch the SLU Billikens dunk on LaSalle Explorers at Chaifetz

Cost: \$10 ticket + \$10-\$20 for food at the arena

### **Thursday, Feb 20: 5:30pm-9pm “Netflix & Nachos”**

Do you want to watch Netflix and chill? Well, come on out to LifeBridge office to enjoy a movie and eat nachos.

Cost: \$5 admission \*there will be a vote on movie choice\*

### **Wednesday, Feb 26: 11am-2:30pm “Bowling & Lunch”**

It's a one stop shop, bowl and eat all under one roof.

Let's get those strikes and spares or play arcade games at Tropicana Lanes.

Cost: \$3 per game to bowl + \$4.50 shoe rental, \$8-\$15 concession food \*not wheelchair accessible\*