



# THE Source

NEWSLETTER OF LIFEBRIDGE PARTNERSHIP



CREATING CONNECTIONS,  
ENRICHING LIVES.

## November 2019

### Important Dates

- ▶ **Thurs, October 17**      Program sign-up begins after 9am
- ▶ **Mon, November 11**      LifeBridge office closed in observance of Veterans Day
- ▶ **November 28-29**      LifeBridge office closed in observance of Thanksgiving

**\*\*New After Hours Emergency Phone Number\*\* 314-778-0822**

### Help us Improve!



**Want to win a \$10 credit towards LifeBridge transportation?**

Enclosed with this month's edition of *The Source*, is a survey regarding the Out and About program. We hope you take the time to complete this survey. Once complete you can mail it back to the office, give it to staff on your next program, or visit our website under the "Programs" tab and choose "Program Quality Surveys". Your feedback is extremely valuable to us.

Make sure to check the box at the end of the survey to be entered into the transportation voucher raffle. Please complete your survey and send it back to us by **November 1<sup>st</sup>**. You may complete your survey anonymously, but you won't be entered into the drawing. 3 Lucky participants will be picked and the winners will be announced on our Facebook page on November 8<sup>th</sup>.

## Communicating with LifeBridge Staff

To schedule programs, ask questions, or cancel for programs, contact a member of the Out and About team:

<b>Kelly Fraction:</b> Community Training Supervisor	St. Louis City and St. Louis County Participants 314-989-1188 ext. 109/ kellyf@lifebridgestl.org
<b>Chanese Harris:</b> Community Training Supervisor	St. Louis County Participants 314-989-1188 ext. 106/ chaneseh@lifebridgestl.org
<b>Katrina Farthing:</b> Community Training Supervisor	St. Louis County Participants 314-989-1188 ext. 102/ katrinaf@lifebridgestl.org
<b>Adam Saito:</b> Program Support Manager	Support Services including transportation, volunteerism, quality management 314-989-1188 ext. 105/ adams@lifebridgestl.org
<b>Heather Ward:</b> Chief Program Officer	St. Louis City and St. Louis County Participants 314-989-1188 ext. 104/ heatherw@lifebridgestl.org

- ⇒ If you are trying to reach a staff member by phone, please leave a message and allow up to 1 business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.
- ⇒ If you have access to email, be sure to let LifeBridge staff know your email. In most cases, email is the quickest way to communicate with staff concerning program planning and questions.

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### **\*\*New Number\*\* After Hours Emergency Phone Line:**

**314-778-0822 (call only, no text capabilities)**

- ⇒ The emergency phone is answered Monday-Friday after 4:30pm and all day Saturday and Sunday.
- ⇒ You can call the emergency phone to let staff know that you are unable to attend your scheduled program, have transportation concerns, or if a family member needs to get ahold of you while you are on a program.
- ⇒ You may NOT call the emergency phone to ask questions about an upcoming program or ask who is driving your program. These types of questions need to be asked during business hours. Repeatedly calling the emergency phone line will lead to suspension of Out and About services.
- ⇒ The emergency phone is answered on a rotating weekly schedule by our executive team. Please leave a message and your call will be returned within 15 minutes.

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## Out and About Program Cancellation Policy

In the event that you need to cancel for a program for any reason, please notify O&A staff immediately. If it is more than 7 days before the program, there will be no penalty for your cancellation. If you cancel for a program less than 7 days before, it will result in the following penalties:

- If you cancel more than 3 programs in a 2 month period you will not be suspended from services for one month. A warning will be provided after 2 cancellations.
- You will be responsible for any fees that are associated with the activity (admissions, ticket costs, etc.). These fees must be paid before you can register for additional activities.

## **Registration begins Thursday Oct 17**

Contact Kelly: 314-989-1188 ext. 109/ [kellyf@lifebridgestl.org](mailto:kellyf@lifebridgestl.org)

**Cost does not include transportation**

### **Fri, Nov 1: 5:30pm-9pm “First Friday: Black Mirror”**

Welcome to your future. Take a deep dive into the big questions surrounding futuristic technology at our Black Mirror First Friday. Explore the fact vs fiction of artificial intelligence, robotics, and virtual reality.

Test out technology from those on the leading edge.

Free screenings of Black Mirror episodes throughout the evening all at the Science Center.

Cost: \$10-\$15 dinner at one of Science Center's cafe

### **Wed, Nov 6: 11am-2:30pm “Tropicana Lanes”**

Come on everybody, get your bowl on at Tropicana Lanes located in Richmond Heights.

Cost: \$10 for 2 hour minimum bowling + \$10-\$15 lunch at concession

### **Sun, Nov 10: 12pm-3:30pm “Money Bag Day”**

Lets bet you go home with a bag full of money!

Play your favorite slot machine and win big at River City Casino.

Cost: \$10-\$15 lunch + spending money

### **Sat, Nov 16: 12pm-3:30pm “Dave & Buster’s”**

Eat and play all in one setting!

Rather its virtual reality, skeeball or arcade games, lets have fun at Dave & Buster's.

Cost: Eat, Play Combo starting at \$18.99 + tax.

This includes: entree or appetizer + \$10 power card.

\*It's up to you if you want to add more money to your game card\*

### **Sat, Nov 23: “Chaifetz Arena SLU Men’s Basketball”**

Let's watch the Billikens Men's Basketball team whoop Belmont Bruins!

Cost: \$10 ticket + \$10-\$15 food at Chaifetz

\*Game start time is to be determined\*

**REMINDER: Effective July 2019, monthly participation is required in order to remain eligible for LifeBridge services.**

***The O&A team makes every effort to meet your needs! If you do not see any programs in The Source that interest you, call Kelly to set up a program that you would like to try!***