



THE Source

NEWSLETTER OF LIFEBRIDGE PARTNERSHIP



CREATING CONNECTIONS,
ENRICHING LIVES.

July 2019

Important Dates

- ▶ **Thur, June 13** Program sign-up begins after 9am
- ▶ **Thur, July 4** LifeBridge Office Closed for 4th of July

Annual July Picnic

Come and enjoy picnic games, BBQ, and time with friends! “The Ability Experience” volunteers will stop to visit during their “Journey of Hope” to hang out with us!

Journey of Hope is a cross-country bicycle trek beginning on the west coast and ending together with all teams in Washington, D.C. The event raises funds and awareness for people with disabilities.

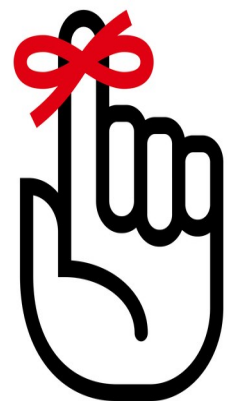
The picnic will be **July 21, from 11:30am to 2pm** at TASK Saint Louis located in Fenton, MO. This will be a rain or shine event! More details are provided on the program page and we hope to see you there!



Program Planning and Participation Reminder

Don't see a program that you like or fits your schedule? Feel free to give us a call to have an event set up for you! We leave space available in our program calendar for members to book their own events with the help of our staff!

Haven't been out with us in a while? In order for LifeBridge to support your community independence goals, we have to see YOU! Be sure you are participating in at least one program per month! Lack of participation in monthly programs will lead to dismissal from the Out and About program to allow for people who are on the waiting list for services. If you are unable to participate monthly due to medical complications, financial constraints, or work schedules be sure to check in with us!



LifeBridge Partnership - www.lifebridgestl.org - 314-989-1188



Communicating with LifeBridge Staff

To schedule programs, ask questions, or cancel for programs, contact a member of the Out and About team:

Katrina Farthing: CTS	St. Louis County Participants 314-989-1188 ext. 102/ katrinaf@lifebridgestl.org
Kelly Fraction: CTS	St. Louis City and St. Louis County Participants 314-989-1188 ext. 109/ kellyf@lifebridgestl.org
Chanese Harris: CTS	St. Louis County Participants 314-989-1188 ext. 106/ chaneseh@lifebridgestl.org
Adam Saito: Program Support Manager	Support Services including transportation, volunteerism, quality management 314-989-1188 ext. 105/ adams@lifebridgestl.org
Heather Ward: Chief Program Officer	St. Louis City and St. Louis County Participants 314-989-1188 ext. 104/ heatherw@lifebridgestl.org

- ⇒ If you are trying to reach a staff member by phone, please leave a message and allow up to 1 business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.
- ⇒ If you have access to email, be sure to let LifeBridge staff know your email. In most cases, email is the quickest way to communicate with staff concerning program planning and questions.

After Hours Emergency Phone Line:

314-803-2270 (call only, no text capabilities)

- ⇒ The emergency phone is answered Monday-Friday after 4:30pm and all day Saturday and Sunday.
- ⇒ You can call the emergency phone to let staff know that you are unable to attend your scheduled program, have transportation concerns, or if a family member needs to get ahold of you while you are on a program.
- ⇒ You may NOT call the emergency phone to ask questions about an upcoming program or ask who is driving your program. These types of questions need to be asked during business hours. Repeatedly calling the emergency phone line will lead to suspension of Out and About services.
- ⇒ The emergency phone is answered on a rotating weekly schedule by our executive team. Please leave a message and your call will be returned within 15 minutes.

Out and About Program Cancellation Policy

In the event that you need to cancel for a program for any reason, please notify O&A staff immediately. If it is more than 7 days before the program, there will be no penalty for your cancellation. If you cancel for a program less than 7 days before, it will result in the following penalties:

- If you cancel more than 3 programs in a 2 month period you will not be suspended from services for one month. A warning will be provided after 2 cancellations.
- You will be responsible for any fees that are associated with the activity (admissions, ticket costs, etc). These fees must be paid before you can register for additional activities.

Registration begins Thursday June 13

Contact Kelly: 314-989-1188 ext. 109/ kellyf@lifebridgestl.org

Cost does not include transportation

Sat, July 6: 12pm-3:30pm “Casino Queen”

Eat, play, win at Casino Queen! Lunch at Deli and Chips inside casino

Cost: \$12-\$15 lunch + spending money

Mon, July 8: 7pm-11pm “Cinderella at the Muny”

Join us at the Muny in Forest Park for a magical evening, but mustn't be late! Cinderella is a Rodgers and Hammerstein treasure began as one of the most-watched television programs in history and was finally produced on Broadway in 2013

Cost: free ticket, \$10-\$12 dinner or bring your own food

Wed, July 10: 5:30pm-9:30pm “Movie Night”

Enjoy a great movie on this Wednesday evening at Ronnie's Theater

Cost: \$9 ticket \$10-\$12 dinner Restaurant TBD

Fri, July 12: 11am-2:30pm “Lunch & Museum of Transportation”

Put on your walking shoes to explore the many collections of: automobiles, buses, streetcars, aircraft, horse-drawn vehicles, and riverboat materials at Museum of Transportation in Des Peres!

Cost: \$12 admission, \$8- \$10 lunch at Arby's

Tue, July 16: 12pm-3:30pm “Incredible Pizza”

Eat, play and have fun at Incredible Pizza

Cost: \$30 with coupon

Sun, July 21: 11:30am-2pm “Journey of Hope Picnic”

Held at TASK in Fenton, join us for this annual event where we are joined by the Journey of Hope cyclist who travel across the country raising awareness and funds for people with disabilities!

They will join us for a fun afternoon of BBQ, games, and great fellowship

Cost: \$5 admission