

May  
2018



# THE Source

NEWSLETTER OF LIFE BRIDGE PARTNERSHIP



## Important Dates

- ▶ **Thursday, April 12** Calendar sign up begins after 9am
- ▶ **May 28** Memorial Day (Office Closed)

## 2018 Out & About Survey

It is time for our annual Out and About survey! We are excited to hear your feedback on your experiences with our Out and About program and are interested to hear how we can improve! Please take a few moments to complete the enclosed survey and mail it back in the envelope provided by **Friday, April 27** for your chance to win a voucher for round trip LifeBridge transportation for a future program! You can also complete the survey online through our website: <https://www.lifebridgestl.org/program/program-quality-surveys-the-client-meter/>

## Reminders

**Cancellation Policy:** If you cancel for a program for any reason, the following will apply: The first two (2) cancellations less than 7 days before a program will result in a "Warning." The third cancellation, within a 3-month period, will result in "Suspension" from ALL LifeBridge programs for two (2) months. Additionally, participants are still responsible for the full cost of the ticket/admission if applicable to the event).

**Use of LifeBridge Transportation:** LifeBridge transportation is reserved for those that do not have access to CAR or personal transportation. While although this may cause some inconveniences, it is in effort to maximize LifeBridge resources in order to continue to provide quality services.

**Signing Up for Program:** LifeBridge makes every effort to accommodate all program registrations. Please be patient with our registration process and keep in mind that we are coordinating activities for over 100 clients so you are not guaranteed to attend every program you register for. We encourage you to make your program requests within the first 1-2 days of registration opening.

## Out & About Events Calendar

Keep in mind individuals are **NOT** guaranteed their 1st or 2nd choices.

Have your **program choices** ready when you call.

Prices listed do **NOT** include the cost of transportation.

**Twilight Tuesday** Tues, May 1, 4:30pm-8pm, Sack Dinner OR \$12-25/dinner

Come hear live music under a beautiful Forest Park sunset. Project X will preform a tribute to iconic R&B group New Edition. Food and drinks are available for purchase at various vendors.

**Be a Tourist in Your Own City** Wed, May 2, 10am-1:30m, \$12-20/lunch

The region's most popular attractions will exhibit at Kiener Plaza with FREE refreshments, music, prizes and fun or everyone. Lunch to follow at Sauce of the side.

**First Friday: Movie Magic at Science Center** Fri, May 4, 5pm-8:30pm, Sack Dinner OR \$12-20/dinner

Calling all who love movies! Learn about cinematography, special events, editing, lighting, and set design, by giving it a try! Food and drinks available for purchase at the Science Center.

**Cinco de Mayo Festival** Sat, March 5, 11am-3pm, Sack Lunch OR \$15-20/lunch | \$2/parking

This annual festival features live music on three separate stages, and assortment of authentic Mexican refreshments and other ethnic food and drinks. In the historic Cherokee neighborhood.

**Dear Night Hike** Sat, May 5, 5:30pm-9pm \$6/registration | Sack Dinner

Enjoy a Ranger-led hike through Jefferson Barracks Park. Event-goers will have the chance to ask the ranger questions and touch deer artifacts. **Advance payment is required for registration.**

**Art in the Park** Wed, May 9, 5pm-8:30pm \$12-20/dinner | \$10/supplies

This month event-goers will dine at City Park Grill and create rustic picture frames at Tower Grove Park.

**Art Fair at Laumeier** Fri, May 11, 5:30pm-9pm, Sack Dinner OR \$15-20/dinner + Optional Spending

Join us at Laumeier's annual art fair featuring a variety of food and beverage vendor, hands on actives, live music and more.

**Mayfest** Sat, May 12, 11am-3pm, Sack Lunch OR \$15-20/lunch + Optional Spending

This annual event includes live music, entertainment , and discounts throughout downtown Kirkwood. Food and drinks available for purchase at various vendors.

**Open Mic Night** Mon, May 14, 5pm-8:30pm, \$15-25/dinner | \$2/parking

See the best local talent at downtown's Central Library. Singers, dancers, storytellers, poets and others will be there to provide an entertaining evening. Dinner to start at The Hard Rock Café.

**The Sounds of Egypt** Fri, May 18, 5:30pm-9pm, Sack Dinner OR \$15-20/dinner

Enjoy a FREE concert at the Art Museum celebrating the musical traditions of Egypt. A picnic-dinner to start with the option to purchase dinner inside the Forest Park Boat House.

**Taste of Maplewood** Sat, May 19, Noon-3:30pm, Sack Lunch OR \$15-20/lunch + Optional Spending

Join us for an afternoon of food, live music and shopping. Food and drinks are available for purchase at various vendors. In downtown Maplewood

**Gone Fish'n** Sun, May 20, 11:30am-3:30pm, Sack Lunch OR \$12-20/lunch | \$2/supple fee

Come out for a fun afternoon of fishing at Creve Coeur Park. A picnic-lunch to start with the option to purchase lunch inside the Creve Coeur Lakehouse Restaurant.

**Muny 100th Anniversary Birthday Bash** Sun, May 20, Noon-4pm, Sack Lunch OR \$15-20/lunch

This free and an unforgettable gathering celebrates musical theatre, right here in St. Louis. Food and drinks are available for purchase at various vendors.

**Saint Louis Zoo** Mon, May 21, 11am-2:30pm, Sack Lunch OR \$12-20/lunch

Come have a fun-filled day seeing animals and visiting with your LifeBridge friends. Food and drinks available for purchase at the zoo.

**Suson Park** Fri, May 25, 11am-2:30pm, Sack Lunch OR \$8-12/lunch

Play games and see various barn yard animals at Suson Park. A picnic-lunch to start with the option to Grab takeout from Firehouse Subs.