



April 2024

CREATING CONNECTIONS,
ENRICHING LIVES.

THE SOURCE

THE NEWSLETTER OF LIFEBRIDGE
PARTNERSHIP

Important Dates:

March 11-22
Registration

April 2
World Autism
Awareness Day

April 8
Solar Eclipse



Join The Team!

LifeBridge is seeking passionate, motivated, and smart people to join our staff as full-time and part-time employees or interns. We offer flexible hours, competitive pay, and work that makes an impact!

***For more information visit:
www.lifebridgestl.org/jobs***



Programs partially
funded by:



Helping people.





CREATING CONNECTIONS,
ENRICHING LIVES.

Check out what we've been up to!!



Follow us on social media



Communicating with LifeBridge Staff

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After Hours Emergency Line 314-778-0822

If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



















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Out and About Events

\$10 transportation not included in program cost
Program registration period- March 11-22

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Unbelievable STL 	3 Bowling 	4 Music w/ Blake 	5 Planetarium 	6 Economy Museum 
7	8	9 Ryze Mini Golf 	10 Phillies v. Cardinals 	11 Art w/ Lori 	12 Museum of Transportation 	13 Jefferson Barracks 
14	15	16	17 Courtesy Diner/Forest Park 	18 Dinner on The Hill 	19 Beethoven's 2nd Symphony 	20 Battlehawks 
21	22	23 Butterfly House 	24 Karaoke Night 	25 Grant's Farm 	26 Picnic at Lone Elk 	27 Laumeier Sculpture Park 
28	29 Main Event 	30 Cahokia Mounds 				



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Out and About Event Descriptions

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Date	Time	Event Name	Event Description
Tue, April 2	10:30am- 1pm	Unbelievable St. Louis	History is full of people and events that seem too ridiculous to be true. Join Public Historian Amanda Clark as she shares her favorite unbelievable pieces of St. Louis history. In keeping with the spirit of April Fools' Day, one story will be completely false, and it will be up to you to decide which one it is! Cost - \$15-\$20 Dinner
Wed, April 3	11am- 2pm	Bowling	Join us and strike up some fun at our first bowling trip of Spring! Cost - \$12-\$20 dinner + \$15 bowling.
Thu, April 4	5:30pm- 7pm	Music w/ Blake	Come on out to the LifeBridge office for another interactive music class! You will have the opportunity to play rhythmic instruments along to some of your favorite songs. Cost: \$5 refreshments.
Fri, April 5	12pm- 3pm	Planetarium	Let's explore the sky and learn all about the upcoming eclipse at the Planetarium! Cost - \$7 ticket + \$12 - \$20 lunch.
Sat, April 6	11am- 2pm	Economy Museum	We're going Downtown to explore the economy museum at the St. Louis Fed. Come get immersed in a one-of-a-kind experience that explores the economy and money in a fun and interactive way. After that, we'll enjoy a delicious lunch at the Schlafly Tap Room! Cost - \$15 - \$30 lunch.
Tue, April 9	2pm- 5pm	Ryze Mini Golf	Come enjoy a round of mini-golf at this 18 hole course at Ryze. Cost - \$10 per game + \$12 - \$20 lunch.
Wed, April 10	11am- 4pm	Phillies v. Cardinals	Baseball is back! Come spend your afternoon watching the St. Louis Cardinals take on the Phillidelphia Phillies. Cost - \$10 tickets + \$10-\$30 concessions. Debit/Credit Card Only

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Date	Time	Event Name	Event Description
Thu, April 11	1pm- 4pm	Art w/ Lori	Lori is returning to lead an arts and crafts session at the LifeBridge Office. Cost - \$10 admission + \$10 lunch.
Fri, April 12	11am- 2pm	Museum of Transportation	Join us on a trip to the The National Museum of Transportation in St. Louis, home to a rail and transit collection of more than 190 major exhibits. Cost - \$15 admission + \$12 - \$20 lunch.
Sat, April 13	11am-2pm	Jefferson Barracks	Come stroll the Mississippi River Greenway at Jefferson Barracks. Bring a sack lunch to enjoy at one of the picnic tables along the path!
Wed, April 17	11am-2pm	Courtesy Diner/ Forest Park	We're going to grab a tasty lunch at the classic Courtesy Diner. Then we'll enjoy the outdoors while exploring some trails through Forest Park. Cost - \$12-\$20 lunch Cash Only.
Thu, April 18	5pm- 7pm	Dinner on The Hill	Join us on The Hill as we enjoy a nice Italian dinner at Cunetto's House of Pasta. Cost: \$15-\$30 dinner
Fri, April 19	10am- 2pm	Beethoven's 2nd Piano Concerto	The St. Louis Symphony Orchestra will be performing this work of Beethoven at the Touhill Performance Center. Join us for a morning filled with wonderful music! Cost - \$15 ticket + \$12 - \$20 lunch.
Sat, April 20	10:30am- 3pm	STL Battlehawks	The St. Louis Battlehawks vs. Memphis Showboats prepare for an all-out football showdown at the The Dome at America's Center grounds. Cost - \$30 ticket + \$10 - \$30 concessions.
Tue, April 23	11am-2pm	Butterfly House	Let's visit the Sophia M. Sachs Butterfly House, home to over 60 tropical butterfly species and over 150 tropical plants. Cost - \$8 ticket + \$12 - \$20 lunch

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Date	Time	Event Name	Event Description
Wed, April 24	5:30pm- 8pm	Karaoke Night	Get ready to sing your favorite songs at the LifeBridge Office Karaoke Night! Cost - \$10 dinner.
Thu, April 25	11am - 2pm	Grant's Farm	Join LifeBridge on a springtime trip through Grant's Farm. We will enjoy lunch at Culvers before our visit. Cost - \$12-\$20 lunch.
Fri, April 26	12pm-2pm	Picnic at Lone Elk	Get ready for a relaxing ride through Lone Elk park. We will stop at one of the the scenic pavillions to enjoy the views and eat lunch.
Sat, April 27	11am- 2pm	Laumeier Sculpture Park	Let's soak up the sun and view all of the amazing sculptures at Laumeier. After that, we will have lunch at Steak n' Shake. Cost - \$10-\$20 lunch
Mon, Apr 29	11am- 2pm	Main Event	Per popular request, we're going back to Main Event! Come play your favorite games & enjoy a tasty lunch on this Monday afternoon. Cost - \$20 games + \$15-\$25 lunch
Tue, Apr 30	11am - 2pm	Cahokia Mounds	Let's visit one of the most sophisticated prehistoric native civilizations north of Mexico at Cahokia Mounds State Historic Site, located a few miles west of Collinsville, Illinois. Wear comfortable shoes and dress for the weather as we complete a self-guided tour. Bring a sack lunch to eat at one of the designated picnic locations.