



July 2023

CREATING CONNECTIONS,
ENRICHING LIVES.

THE SOURCE

THE NEWSLETTER OF LIFEBRIDGE
PARTNERSHIP

Important Dates:

June 12-19:
July program
registration

July 23:
Annual Picnic



You're Invited!

It's that time again for our annual summer picnic!!

When:

July 23, 2023 from 11am -2pm

Location:

T.A.S.K. 980 Horan Drive, Fenton MO 63026

***All LifeBridge clients and families are welcome to
join.***

*****There's limited transportation.***

Register by July 7, 2023.

Programs partially
funded by:



Helping people.





CREATING CONNECTIONS,
ENRICHING LIVES.

Check out what we've been up to!!



Follow us on social media



Communicating with LifeBridge Staff

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Out and About Coordinator

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After Hours Emergency Line 314-778-0822

If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



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Out and About Events

\$10 transportation not included in program cost
Program registration period- June 12-19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Tower Grove Farmers Market
2	3	4 Office Closed 	5	6 World Chess Hall of Fame 	7 Art of the Arcade 	8
9 Paint & Sip 	10	11 Auto Talk 	12 Grant's Farm 	13 Bowling 	14 Morning Concert at the Park 	15
16	17 Muny: Westside Story 	18 Golf the Galleries 	19 Marlins at Cardinals 	20 Tour: Contemporary Art Museum	21	22 Trailblazing at Jefferson Barracks
23 Annual Picnic 	24	25 Disability Pride: History Museum	26 Fitz's Root Beer 	27 Game Night 	28 Barbie Movie 	29
30	31					



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Out and About Event Descriptions

\$10 transportation not included in program cost

Program registration period-June 12-19

Date	Time	Event Name	Event Description
Saturday July 1	10:30am- 1pm	Tower Grove Farmers Market	It's Farmers Market season! Join us for the 100+ vendors with local produce, meat, flowers, eggs, honey, prepared foods, art, jewelry, live music, and so much more. Cost: \$10-\$20 lunch + spending money, restaurant TBD.
Thursday July 6	11am- 2pm	Art of the Arcade	The Foundry Art Centre is transforming the galleries into an arcade, showcasing the history and artistry of arcades and home gaming systems. Cost: \$10-\$15 lunch, restaurant TBD.
Sunday July 9	12pm- 4:30pm	Paint & Sip	Show off your artistic side at the Webster Groves public library! All supplies are provided. Light refreshments and mocktails will be served! Cost: \$10-\$15 lunch, restaurant TBD.
Monday July 10	11am- 2pm	Swimming Pool	Splash and relax with us at the Webster Groves swimming pool. Cost: \$6 admission + \$10-\$20 lunch, restaurant TBD.
Tuesday July 11	11am- 2pm	Auto Talk	St. Louis radio icon Johnny Rabbitt is here to lead a sensational summer program about the auto industry in St. Louis. There will be a lot of ground to cover, including classic-car clubs, drive-ins, and tales of historic Automobile Row. Hosted at Missouri History Museum. Cost: \$10-\$15 lunch, restaurant TBD.
Wednesday July 12	10am- 1pm	Grant's Farm	Lets try this again! Last month's event got rained out! Grant's Farm has become a refuge for more than 900 animals both great and small. You can visit and interact with many of them! Eat lunch at one of the cafes. Cost: \$10-\$20 lunch + spending money.
Thursday July 13	12pm- 3pm	Bowling	Let's "strike" up some fun with an afternoon of bowling and friends. Cost: \$15 bowling + \$10-\$15 lunch, bowling alley TBD.
Friday July 14	9:30am- 12pm	Morning Concert at the Park	Join us at the outdoor amphitheater of the Tower Grove Park Stupp Center to see Beings of the Air Trio! At this <i>free</i> performance you'll hear music inspired by the park's flying residents including birds, butterflies, and moths. Cost: bring your own food.
Monday July 17	7pm- 10:30pm	Muny: Westside Story	One of the greatest and most powerful musicals of our time. Loosely based on Shakespeare's Romeo and Juliet, West Side Story is a love story that has endured the test of time. Cost: free admission + \$10-\$20 concession or bring your own food. **CREDIT/ DEBIT ONLY**
Tuesday July 18	12pm- 3pm	Golf the Galleries	Join us at The Sheldon Art Galleries for this playable, artist-designed, nine-hole mini golf installation. \$12 admission + \$10-\$20 lunch, restaurant TBD.

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Out and About Event Descriptions

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Date	Time	Event Name	Event Description
Wednesday July 19	12pm- 4pm	Marlins at Cardinals	Watch the Cardinals take on the Miami Marlins! Cost: \$20 ticket (includes \$6 Cards Cash) + \$15-\$20 lunch or bring your own food. **CREDIT/ DEBIT ONLY**
Thursday July 20	11am- 2pm	Contemporary Art Museum	LifeBridge will receive a private tour full of discovery, learning, and engagement with the art at the Contemporary Art Museum. Cost: \$10-\$20 lunch, restaurant TBD.
Saturday July 22	11am- 2pm	Trailblazing at Jefferson Barracks	Come stroll the Mississippi River Greenway at Jefferson Barracks. Bring a sack lunch to enjoy at one of the picnic tables along the path!
Sunday July 23	11am- 2pm	Annual Picnic	The Annual LifeBridge Summer Picnic is back! We are so excited to celebrate with Journey of Hope! This group bicycles throughout the country to volunteer with various organizations. There will be lots of activities for the families to enjoy! Cost: \$5/ person. Don't forget to RSVP by the date on page 1. **LIMITED TRANSPORTATION AVAILABLE**
Tuesday July 25	10:30am- 1pm	Disability Pride: History Museum	Join us at the Missouri History Museum for a Disability Pride Month panel discussion in recognition of St. Louis' role in the fight against injustice and unfair treatment of people with disabilities. The event will also feature a trivia quiz where participants can test their disability rights knowledge and compete to win prizes, followed by a boxed lunch. Cost: \$10-\$20 lunch in case boxed lunches aren't available.
Wednesday July 26	11am- 2pm	Fitz's Root Beer	Have a delicious root beer float and lunch, then explore the unique stores, shops, and the famous St. Louis Walk of Fame along the heart of the Delmar Loop. Cost: \$10-\$20 lunch + spending money.
Thursday July 27	5pm- 8pm	Game Night	Enjoy an evening of fun and games at the LifeBridge office! Cost: \$10 dinner.
Friday July 28	12pm- 4pm	Barbie Movie	Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys of living among humans. Cost: \$10 ticket + \$10-\$20 lunch, restaurant & theater TBD.