



August 2023

CREATING CONNECTIONS,
ENRICHING LIVES.

THE SOURCE

THE NEWSLETTER OF LIFEBRIDGE
PARTNERSHIP

Important Dates:

July 12-19:
Registration

July 23:
Annual Picnic

August 1-11:
Youth Camp -
No programs



Ride Share!!!

We are now expanding our transportation services with LYFT. Training and financial assistance are provided by LifeBridge. More information soon to come! Should you have any questions, comments or concerns, don't hesitate to reach out to Kelly.

See page 2 for contact info...

Programs partially
funded by:



Helping people.





CREATING CONNECTIONS,
ENRICHING LIVES.

Check out what we've been up to!!



Follow us on social media



Communicating with LifeBridge Staff

Kelly Fraction

Out and About Coordinator

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St. Louis City and County

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Chief Program Officer

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After Hours Emergency Line 314-778-0822

If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



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Out and About Events

\$10 transportation not included in program cost
Program registration period- July 12-19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 Trails 
Youth Camp						
6	7	8	9	10	11	12 Swimming 
NO EVENTS						
13	14 Muny: Sister Act	15 Forest Park: Boat House	16 Dave & Busters	17 Nacho Bar 	18 Boeing: Space History Exhibit	19 Daniel Boone Home
20	21 Economy Museum 	22	23 Safety House 	24 Main Event 	25 Finally Friday!	26 STL Art Museum 
27	28 Putt Shack 	29 Riverboat Cruise 	30 Padres at Cardinals 	31 Chihuly in the Garden 		



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Out and About Event Descriptions

\$10 transportation not included in program cost

Program registration period- July 12-19

Date	Time	Event Name	Event Description
Saturday August 5	10:30am- 1:30pm	Trails	Get your steps in at River's Edge Park and take in the beautiful scenery! Cost: free + bring your own food.
Saturday August 12	12pm- 3pm	Swimming	Splash and relax with us at the Webster Groves swimming pool. Cost: \$10 admission + \$10-\$20 lunch, restaurant TBD.
Monday August 14	7pm- 10:30pm	Muny: Sister Act	Based on the smash hit film, Sister Act is a heavenly musical comedy that proves nothing can stand in the way of sisterhood! Cost: free admission + \$10-\$20 concession or bring your own food. **CREDIT/DEBIT ONLY**
Tuesday August 15	11am- 2pm	Forest Park: Paddle Boat	Experience the water by paddle boat throughout Forest Park. Come prepared to get wet! Cost: \$25 Paddle Boat (cost may vary) + \$10-\$15 lunch, restaurant TBD.
Wednesday August 16	11am- 2pm	Dave & Busters	Hang with your LifeBridge friends while you eat, watch, and play 1/2 off games at Dave & Busters! Cost: \$15 - \$20 lunch + spending money .
Thursday August 17	5:30pm- 8pm	Nacho Bar	Come on out to the LifeBridge office and enjoy musci and games! Did I mention there mention there will be nachos?? Cost: \$10 dinner.
Friday August 18	11am- 2pm	Boeing Space History Exhibit	Join us on this aerospace adventure and see it all. From biplanes to spacecrafts that played pivotal roles in shaping the history of aerospace! Cost: \$10 - \$20 lunch, restaurant TBD.
Saturday August 19	10am- 2pm	Daniel Boone Home	The Historic Daniel Boone Home site, located at 1868 Hwy. F, Defiance, features historic, reconstructed 19th century village and gift shop. Cost: \$8 admission + spending money (optional) + bring your own food. **Must provide own transportation to/from LB office**
Monday August 21	11am- 2pm	Economy Museum	Dive into the economy at the St. Louis Federal Reserve. It will immerse you in a one-of-a-kind experience that explores the economy and money in a fun and interactive way. Cost: \$10-\$20 lunch, restaurant TBD.
Wednesday August 23	11am- 2pm	Safety House	Come out to learn life saving tips and practice fire escape plans! Safety House is the key component of the Safety House Foundation, whose primary mission is protecting families in cases of residential fires and other serious emergencies. Cost: \$10 - \$20 lunch, restaurant TBD.

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Out and About Event Descriptions

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Date	Time	Event Name	Event Description
Thursday August 24	11am- 2pm	Main Event	Get your game on at Main Event! There's so many games to choose! Whether you want to step into another world by playing laser tag or hitting those pins to get a strike! Come out and play. Cost: \$20-\$50 games + \$10-\$20 lunch, restaurant TBD.
Friday August 25	4pm- 7pm	Finally Friday!	Kick off your weekend at Laumeier Park with the Finally Friday Series . There will be numerous Food Trucks for you to choose from. So grab a drink & bite and celebrate that it's finally Friday with us! Cost: \$10 - \$20 dinner.
Saturday August 26	11am- 2pm	Art Museum	Tour many of the exhibits at St. Louis Art Museum. Uncover the stories of the Museum's collections. Cost: \$10-\$15 lunch, restaurant TBD.
Monday August 28	4:30pm- 7pm	Putt Shack	Get your game face ready! We're bringing good vibes only as you play the fun, tech-infused mini golf perfect for everyone at the City Foundry. You'll also have a wide variety of options for a tasty dinner! Cost: \$14 per game + \$15-\$20 dinner.
Tuesday August 29	5pm- 8pm	Riverboat Cruise	Come out and catch some of the best views of the Gateway Arch and downtown St. Louis on a fascinating one-hour riverboat tour. Cost: \$25 ticket + \$10-\$20 dinner, restaurant TBD.
Wednesday August 30	12:30pm- 4pm	Padres at Cardinals	Watch the Cardinals take on the San Diego Padres! Cost: \$20 ticket (includes \$6 Cards Cash) + \$15-\$20 lunch or bring your own food. **CREDIT/ DEBIT ONLY**
Thursday August 31	11am- 2pm	Chihuly in the Garden	The work of world-renowned artist Dale Chihuly is coming to the Missouri Botanical Garden in a stunning exhibition uniting art and nature. With thousands of pieces of blown glass forms in 20 dramatic installations throughout the Garden's grounds. Cost: \$14 admission + \$10-\$20 lunch, restaurant TBD.