

JUNE 2021

# THE SOURCE

THE NEWSLETTER OF LIFEBRIDGE PARTNERSHIP



CREATING CONNECTIONS,  
ENRICHING LIVES.



## IMPORTANT DATES

**Friday, May 7-14**

- June Program Requests

**Monday, May 31**

- Office closed in observance of Memorial Day

## Please Read!!!

We encourage clients to sign-up and participate virtually and/or in-person to stay engaged in the Out & About Adult Program. However, registering for events does not guarantee you a reserved spot. You will receive an email or call stating only your confirmed program/s. Since warmer weather is here, we have a lot of upcoming events and wouldn't want you to miss out on staying connected with peers even if you get to participate in one program of your choosing! We look forward to seeing you soon!

- Out & About Team

Out and About  
Program Funders:



# SUMMER DANCE PARTY!!!!

Welcome to Summer Kits will be delivered to your front door June 1st and June 2nd. You do not have to be home to receive a kit. Join us for a night of fun and dancing on Zoom! The link to the event will be sent and we encourage you to join!  
\*Attendance prizes will be given\*



## Communicating with LifeBridge Staff

Kelly Fraction  
Community Training Supervisor  
St. Louis City and County  
314-701-7265 | [kellyf@lifebridgestl.org](mailto:kellyf@lifebridgestl.org)

Chanese Harris  
Community Training Supervisor  
St. Louis County (West, and South County)  
314-701-8128 | [chaneseh@lifebridgestl.org](mailto:chaneseh@lifebridgestl.org)

Adam Saito  
Program Support Manager  
Support Services (Transportation, Volunteerism, Quality Management)  
314-756-0207 | [adams@lifebridgestl.org](mailto:adams@lifebridgestl.org)

Heather Ward  
Chief Program Officer  
314-926-0940 | [heatherw@lifebridgestl.org](mailto:heatherw@lifebridgestl.org)

If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



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Welcome to the O&A Virtual/Community Events calendar!  
Virtual events will be 1-2 hours long and take place using  
Zoom video. See page 4 for full event descriptions.

Sunday

Monday









Tuesday

Wednesday

Thursday

Friday

Saturday

		1) Movie Night 5:30pm-7:30pm <b>Virtual</b> 	2)	3) Bowl-a-Holics 12pm-2:30pm <b>In-Person</b> <b>Summer Dance Party</b> 6pm-7pm <b>Virtual</b>	4)	5) Laumeier Sculpture Park 12pm-2pm <b>In-Person</b>
6) Circus Flora 11:30am-1:30pm <b>In-Person</b> 	7)	8) Virtual Bingo 6pm-7:30pm <b>Virtual</b>	9) Botanical Garden Concert 6pm-8:30pm <b>In-Person</b>	10)	11) Friday Night Bingo Pt. 3 5:30pm-7:30pm <b>In-Person</b>	12)
13)	14)	15) Retro TV 5:30pm-7:30pm <b>Virtual</b> 	16) Dave & Busters 5pm-8pm <b>In-Person</b>	17) Ladies Night 5:30pm-7:30pm <b>In-Person</b>	18) Drive-In Movie 5pm-8pm <b>In-Person</b> 	19) 
20) 	21)	22)	23) History Museum: Beyond the Ballot 12pm-2:30pm <b>In-Person</b>	24) Pizza & Games 5pm-8pm <b>In-Person</b> 	25)	26)
27)	28)	29) Bird House Craft 12pm-2pm <b>In-Person</b> The Social Game Pt. 4 5pm-6pm <b>Virtual</b>	30) Casino 11:30am-2pm <b>In-Person</b> 			



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## Out and About Event Descriptions

**\$10 transportation not included in program cost**

Date	Time	Event	CTS	Event Description
Tue, June 1	5:30pm- 7:30pm	Movie Night <b>Virtual</b>	Kelly	Watch a newly released movie with your LifeBridge friends! Kick up your heels and snack on popcorn.
Thur, June 3	12pm- 2:30pm	Bowl-a-Holics <b>In-Person</b>	Kelly	Bowl, eat and have fun with your LifeBridge friends! Hit the lanes, grab some food and get a soda at the cafe inside Tropicana Lanes! Cost: \$15 bowling + \$10 lunch
Thur, June 3	6pm- 7pm	Summer Dance Party <b>Virtual</b>	Chanese	LifeBridge would like to help you celebrate the start of summer! Kits will include 1 raffle ticket, fun crafts, snacks and special items just for you! We encourage you to join us for fun and dancing! Raffle drawings and attendance prizes will take place Thursday, June 3rd via Zoom! This is a porch delivery and you do not have to be home to receive a kit.
Sat, June 5	12pm- 2pm	Laumeier Sculpture Park <b>In-Person</b>	Chanese	Enjoy a relaxing afternoon at the Laumeier Sculpture Park in south county! enjoy the trails and beautiful art. Please bring a sack lunch for the program, we will be eating outside. *dress according to the
Sun, June 6	11:30am- 1:30pm	Circus Flora <b>In-Person</b>	Kelly	Circus Flora is a longstanding tradition for many St. Louisans and is back in action this month! The only certainty is that with Circus Flora in 2021, you'll be in for a wild ride of joy, laughter, beauty, and daring as we gather the best circus acts from around the world. Downtown location. Cost: \$20 ticket *pack a
Tue, June 8	6pm- 7:30pm	Virtual Bingo <b>Virtual</b>	Kelly	Calling all bingo players! Did your hear me? Calling all bingo bingo players! Join us for a fun night of bingo virtually.
Wed, June 9	6pm- 8:30pm	Botanical Garden Concert <b>In-Person</b>	Chanese	Enjoy an evening stroll at the Missouri Botanical Garden and gather around the Cohen Amphitheater for a night of music under the stars. Cost: free admission *bring sack dinner/snack*
Fri, June 11	5:30pm- 7:30pm	Friday Night Bingo <b>In-Person</b>	Kelly	Calling all bingo players! Did your hear me? Calling all bingo bingo players! Join us for a fun night of bingo at the LifeBridge office. There will be bingo prizes! Cost: \$5 dinner
Tue, June 15	5:30pm- 7:30pm	Retro TV <b>Virtual</b>	Kelly	Take a blast to the past and watch your favorite childhood tv shows! Be sure to have your list of shows you may want to watch! There will be a vote on which show to watch.

Date	Time	Event	CTS	Event Description
Wed, June 16	5pm- 8pm	Dave & Busters <b>In-Person</b>	Chanese	Enjoy playing your favorite arcade games and eating good food. Arcade games will be half price! Cost: \$13 power card + \$10-\$15 dinner
Thur, June 17	5:30pm- 7:30pm	Ladies Night <b>In-Person</b>	Kelly	Ladies when was the last time you were pampered? Do you want to enjoy conversations with your LifeBridge friends while getting your nails polished? Well, tonight's the night to get beautified! Nails polished & decorated by LifeBridge staff. Dinner and drinks will be served. Cost: \$10 dinner TBD *sorry no men allowed*
Fri, June 18	5pm- 8pm	Drive-In Movie <b>In-Person</b>	Chanese	Have you ever been to a drive in? If not, this is your chance to take part in the drive-in movie experience! We will be watching a movie outside and eating pizza at the LifeBridge office! Date will change based on any inclement weather. Cost: \$5 admission
Wed, June 23	12pm- 2:30pm	History Museum: Beyond the Ballot <b>In-Person</b>	Kelly	Women, often portrayed as secondary characters in the city's formation, were actually key to the establishment, survival, and growth of St. Louis. Beyond the Ballot: St. Louis and Suffrage showcases women who made an impact in St. Louis before gaining the vote in 1920. Join us for a tour at the Missouri History Museum. Cost: free *bring snack/lunch*
Thur, June 24	5pm- 8pm	Pizza & Games <b>In-Person</b>	Chanese	Come on out for a night of fun and games while eating delicious pizza with your LifeBridge friends! There will be prizes for the winners! Cost: \$10 admission
Tue, June 29	12pm- 2pm	Bird House Craft <b>In-Person</b>	Chanese	Decorate a wooden bird house and tap into your creative side at the LifeBridge office! Cost: \$5 supplies + \$5 subway sandwich/chips
Tue, June 29	5pm- 6pm	Social Game Pt. 4 <b>Virtual</b>	Chanese	Enjoy a game with your LifeBridge peers that will test your knowledge of how to handle social situations in a fun way!
Wed, June 30	11:30am- 2pm	Casino <b>In-Person</b>	Kelly	How good are you at budgeting? Let's put those money handling skills to the test! Come out to the casino and have fun and play responsibly! Cost: \$12 cafe lunch inside the casino + spending money *Casino location TBD & must have valid I.D.*
<b>E</b>	<b>N</b>	<b>J</b>	<b>O</b>	<b>Y</b>