



CREATING CONNECTIONS,
ENRICHING LIVES.

THE SOURCE

THE NEWSLETTER OF LIFEBRIDGE
PARTNERSHIP

Important Dates:

April 17-24

May program
registration

May 5

Cinco de Mayo

May 29

Memorial Day ~
office closed

Programs partially
funded by:



Helping people.



MAY 2023



NOW HIRING!

LifeBridge is looking for a few individuals to join us for the summer for part-time positions. Flexible hours, competitive pay, and work that makes an impact!

***For more information visit:
www.lifebridgestl.org/jobs***





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Check out what we've been up to!!



Follow us on social media



Communicating with LifeBridge Staff

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If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



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May 2023

Out and About Events

\$10 transportation not included in program cost
Program registration period- April 17-24

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Muny: Backstage Star Party	2 IKEA & Lunch 	3	4 Cardinals vs Angels 	5 Book Fair & Lunch 	6
7	8 Dinner & Movie 	9 Riverboat Cruise 	10	11 Cathedral Basilica Tour	12 Silex Farm Day Trip 	13
14 	15	16 Butterfly House 	17 Lucky Strike 	18 Twilight Thursday Concert 	19 World Bird Sanctuary 	20 Taste of Maplewood 
21	22 Courtesy Diner & Trails 	23	24 Game Night 	25 Estate Sale 	26 Zoo: Live Band 	27
28	29 Memorial Day 	30 Mid Day Movie 	31 Casino Fun & Lunch 			



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May 2023

Out and About Event Descriptions

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Date	Time	Event Name	Event Description
Monday May 1	2:30pm- 5:30pm	Muny: Backstage	Meet me at the Muny, the Muny in Forest Park! This is where Stars shine and stories unfold! Take a tour backstage to see how the night's production will come to life. Cost: \$10-\$20 dinner, restaurant TBD.
Monday May 1	5:30pm- 8:30pm	Star Party	Don't miss this opportunity for a free training and telescope viewing session presented by the St. Louis Astronomical Society. Hosted at the Parkview Library located in North County. Cost: \$10-\$20 dinner, restaurant TBD.
Tuesday May 2	11am- 2pm	IKEA & Lunch	Take a break from shopping at the IKEA Restaurant and enjoy all your IKEA food favorites, like meatballs, veggie balls, salmon, affordable meals and much more! Cost: \$10-\$20 lunch + spending money to shop with.
Thursday May 4	11:30am- 3pm	Cardinals vs Angels	Watch the Cardinals take on the Angels! Cost: \$20 ticket (includes \$6 Card's cash) + spending money for food or bring your own food/drink. MUST HAVE CREDIT OR DEBIT CARD for purchases.
Friday May 5	10am- 1:30pm	Book Fair & Lunch	For all you bookworms, come out to The Midwest's Largest Charity Book Fair held at Queeny Park. You may find rare books, records, CDs, DVDs and comics and much more. Cost: free admission + spending money for the fair + \$10-\$20 lunch, restaurant TBD.
Monday May 8	2pm- 6pm	Dinner & Movie	Enjoy the evening by watching a newly released film! Cost: \$10 ticket + \$10-\$20 dinner, movie theater and restaurant TBD.
Tuesday May 9	11:30am- 2pm	Riverboat Cruise	Let's take a cruise down the mighty Mississippi while enjoying some of the best views of the Gateway Arch and St. Louis' working riverfront. Cost: \$25 ticket + \$10-\$20 lunch, restaurant TBD.
Thursday May 11	12pm- 3:30pm	Cathedral Basilica Tour	The Cathedral Basilica of St. Louis is a one-of-a-kind work of art. With its lofty vaults and radiant mosaics, the sheer scale of beauty is a thing of awe. Enjoy this beautiful experience by touring the Basilica. Cost: \$10-\$20 lunch, restaurant TBD.
Friday May 12	9am- 3pm	Silex Farm Day Trip	When was the last time you went fishing? If you have to think about it, then today is the day to get out on the lake! For all you animal lovers, there will be animals for you to pet! Did I mention there's a beach? You can bring a beach towel and relax after this adventurous day! Cost: free + bring a sack lunch. MUST PROVIDE OWN TRANSPORTATION TO/ FROM LB OFFICE.
Tuesday, May 16	11am- 2pm	Butterfly House	The Butterfly House is home to over 60 tropical butterfly species in our Conservatory, which also houses over 150 tropical plants. Afterwards, we will take a walk over to Faust park. Cost: \$8 admission + \$10-\$20 lunch, restaurant TBD.

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Wednesday May 17	12pm- 3pm	Lucky Strike	Let's "strike" up some fun with an afternoon of bowling with friends. Cost: \$10-\$15 bowling + \$10-\$15 lunch, bowling alley TBD.
Thursday May 18	5:30pm- 8pm	Twilight Thursday Concert	Grab your blankets and lawn chairs, pack your picnic basket, and listen to music under a beautiful Forest Park sunset at the History Museum. Some of the area's best food trucks will also be on hand. Cost: \$15-\$25 food truck or bring your own food.
Friday May 19	11am- 2pm	World Bird Sanctuary	With 305 acres of hardwood forest, aviaries housing birds from all over the world, and up close and personal encounters available, there is a lot to explore and do at World Bird Sanctuary. Cost: \$5 admission + \$10-\$20 lunch, restaurant TBD.
Saturday May 20	12pm- 3pm	Taste of Maplewood	The festival is a culmination of Maplewood and Richmond Heights' most renowned restaurants, beloved boutiques, and unique specialty stores. Taste of Maplewood Street Festival includes live entertainment, food vendors and more! \$10-\$30 food trucks + spending money.
Monday May 22	11am- 2pm	Courtesy Diner & Trails	Join us for brunch and then visit Forest Park for some light walking! Cost: \$10-\$20 brunch. Courtesy Diner is CASH ONLY!
Wednesday May 24	5:30pm- 8pm	Game Night	Games and dinner at the LifeBridge office! Come on out and play UNO, Headbands, Sorry, etc. All of this can take place while listening to jams on YouTube. Cost: \$10 dinner.
Thursday May 25	10:30am- 1:30pm	Estate Shopping	Have you ever been to an Estate sale? Let's see what prized possessions we could get our hands on! Cost: \$10-\$20 lunch + spending money, restaurant TBD.
Friday May 26	3pm- 6:30pm	Zoo: Live Band	Lets jam with some real party animals during the Saint Louis Zoo's free HullabaZoo concert series! Listen and enjoy the live band while you get those feet moving and grooving! Cost: \$10-\$20 for dinner or bring your own food.
Tuesday May 30	11am- 3pm	Mid Day Movie	Get out of the heat and watch a newly released show! Cost: \$10 ticket + \$10-\$20 lunch, movie theater and restaurant TBD.
Wednesday May 31	11am- 2pm	Casino Fun & Lunch	How lucky do you think you are? Join in on the fun at an area casino. Cost: \$10-\$20 lunch + spending money, restaurant TBD. MUST HAVE VALID I.D.