



CREATING CONNECTIONS,
ENRICHING LIVES.

THE SOURCE

THE NEWSLETTER OF LIFE BRIDGE
PARTNERSHIP



Important Dates:

December 5-12
January program
registration

January 19
Martin Luther King Jr.
Day

Thank you for an incredible year and all your efforts toward working on Skill Development Opportunities!

In the New Year I want to encourage you to provide suggestions for upcoming programs!

Here's an opportunity to be more independent, attend community events that you enjoy, and spend time with your friends!

Please provide your February program suggestions when you register for January events!

I am looking forward to an amazing year and working alongside each of you!

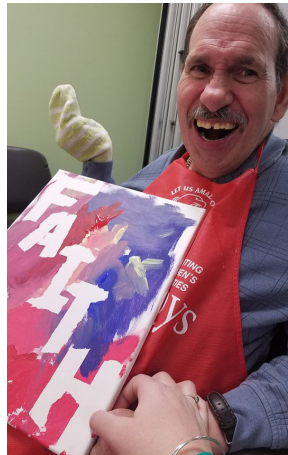
Programs funded
by:





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What's Happening at LifeBridge?



Follow us on social media



Communicating with LifeBridge Staff

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Out and About Coordinator

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Volunteers, Vans, Program Quality

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Chief Program Officer

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After Hours Emergency Line 314-778-0822

If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



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January 2023

Out and About Events

\$10 transportation not included in program cost
Program registration period- December 5-12

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2	3	4 Painting Club: Paint & Sip <i>Community</i> 	5	6	7
8	9 Trivia <i>Virtual</i> 	10	11	12 Vision Board <i>Community</i> 	13 Auto Show <i>Community</i> 	14
15	16 MARTIN LUTHER KING JR. <i>Day</i> 	17 Bingo <i>Virtual</i> 	18	19	20 Friday Night Movie <i>Community</i>	21
22	23 Jazz up w/ Art <i>Community</i> Movie Night <i>Virtual</i>	24	25	26 Casino & Lunch <i>Community</i> 	27	28 Game Day <i>Community</i>
29	30	31 Bowl-a-Rama <i>Community</i> 				



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January 2023

Out and About Event Descriptions

\$10 transportation not included in program cost

Program registration period- November 7-14

Date	Time	Event Name	Event Description
Wednesday January 4	5:30pm- 8:30pm	Painting Club: Paint & Sip <i>Community</i>	Join us as we paint a New Year themed picture and enjoy sparkling cider at Jamestown Bluffs Library. Cost: \$10-\$15 dinner, restaurant TBD.
Monday January 9	6pm- 7:30pm	Trivia <i>Virtual</i>	Put on your thinking caps and test your knowledge! Log on and have fun!
Thursday January 12	5pm- 7:30pm	Vision Board <i>Community</i>	Come on out and create your very own vision board! Hosted at the LifeBridge office. Cost: \$10 supplies + \$5 dinner at the office.
Friday January 13	12pm- 3pm	Auto Show <i>Community</i>	It's time to start your engines and gear up for the future at the 2023 St. Louis Auto Show. Whether you consider yourself a car enthusiast or not, this event has something for everyone. At the America's Center and The Dome. Cost: \$20 admission + \$10-\$20 lunch, restaurant TBD.
Tuesday January 17	6pm- 7:30pm	Bingo <i>Virtual</i>	Calling all bingo fanatics! Get ready to yell out those bingo numbers! Bingo cards will be provided!
Friday January 20	3pm- 6pm	Friday Night Movie <i>Community</i>	Watch a newly released movie on a chilly evening! Cost: \$10 ticket + \$10-\$20 dinner, restaurant TBD. Times will be adjusted per show times.
Monday January 23	5pm- 8pm	Jazz up w/ Art: Fireworks <i>Community</i>	Enjoy a night of Jazz music while creating beautiful paintings. Natural Bridge Library in Mid County. Cost: \$10-\$15 dinner, restaurant TBD. Event starts at 6:30pm.
Monday January 23	5:30pm- 8pm	Movie Night <i>Virtual</i>	Kick up your heels, get your popcorn ready and watch a show. Movie suggestions are welcomed! Don't forget to log on in time.
Thursday January 26	12pm- 3pm	Casino & Lunch <i>Community</i>	Everyone loves to win, do you? Try your luck at the casino. Cost: \$10-\$20 lunch + spending money, casino TBD.
Saturday January 28	11am- 2pm	Game Day <i>Community</i>	Enjoy a day of fun, games and pizza at the LifeBridge office. Play some of your favorite games with others! Cost: \$10 lunch.
Tuesday January 31	12pm- 3pm	Bowl-a-Rama <i>Community</i>	How many strikes do you think you could get? Let's find out! Everyone is a winner! Cost: \$10 bowling + \$10-\$20 lunch, bowling TBD.