



CREATING CONNECTIONS,
ENRICHING LIVES.

THE SOURCE

THE NEWSLETTER OF LIFEBRIDGE
PARTNERSHIP

Important Dates:

March 15-20

April program
registration

March 19

Online apparel
store closes

April 9

Happy Easter!

April 2023



LifeBridge Online Apparel Store

You asked, we listened! Grab LifeBridge apparel including t-shirts, polos, hoodies, hats, and more! Available in youth and adult sizes.

The online store will be open through **Sunday, March 19**. Orders will be available for pick-up within 2-3 weeks.

<https://www.companycasuals.com/lifebridge2023/start.jsp>

Programs partially
funded by:



Helping people.





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Check out what we have been up to!!



Follow us on social media



Communicating with LifeBridge Staff

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After Hours Emergency Line 314-778-0822

If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



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April 2023

Out and About Events

\$10 transportation not included in program cost
Program registration period- March 15-20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 O&A Comedy Club
2	3 NCAA: March Madness Party 	4 Cardinals vs Braves 	5 Botanical Garden 	6 Super Mario Bros. Movie 	7 Brunch & Trails 	8
9 	10	11 Cahokia Mounds 	12	13 Zoo Tour 	14 Museum of Transportation 	15 Route 66 Flea Market
16	17	18 Bowling & Lunch 	19	20 Book Bingo & Lunch 	21	22
23	24 Line Dancing & Lunch 	25 Lindenwood Choir Concert	26	27 Movie Madness 	28	29 Spring Craft Day 
30						



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April 2023

Out and About Event Descriptions

\$10 transportation not included in program cost

Program registration period- March 15-22

Date	Time	Event Name	Event Description
Saturday April 1	11am- 2pm	O&A Comedy Club	What better way to celebrate April Fool's Day other than hosting our own comedy club at the office! Come with your best jokes or performances to share with the group. Includes a light lunch. Cost: \$10
Monday April 3	6pm- 9pm	NCAA March Madness Party	Join us at the office to celebrate the championship game of the Men's NCAA Basketball tournament! We will enjoy a nacho bar, pre-game activities, and catch the first period of the game! Cost: \$12
Tuesday April 4	5:45pm- 9:30pm	Cardinals vs Braves	Baseball is back!!! Cost: \$30 ticket/parking (includes \$6 in Cards Cash) **MUST HAVE CREDIT/DEBIT CARD OR BRING YOUR OWN FOOD AND DRINK. BUSCH STADIUM DOES NOT ACCEPT CASH. Cost: \$30 ticket/parking
Wednesday April 5	11:45am- 2:30pm	Botanical Garden	Let's take a stroll through the St. Louis Botanical Garden! Cost: FREE with a St. Louis City/County ID (must show proof) + \$10-\$15 lunch
Thursday April 6	12pm- 4pm	Super Mario Bros. Movie	From Universal Studios, enjoy the new Super Mario Bros. Movie!! With help from Princess Peach, Mario gets ready to square off against the all-powerful Bowser to stop his plans from conquering the world. Theater is TBD. Cost: \$10 ticket + \$10-\$15 lunch
Friday April 7	10am- 1pm	Brunch & Trails	Join us for a light brunch and then visit a nearby park trail! It's a great way to kick off the Easter weekend. Cost: \$20 brunch, restaurant and trail are TBD
Tuesday April 11	11:30am- 2pm	Cahokia Mounds	The remains of the most sophisticated prehistoric native civilization north of Mexico are preserved at Cahokia Mounds State Historic Site, located a few miles west of Collinsville, Illinois. Wear comfortable shoes and dress for the weather as we complete a self-guided tour. Cost: free + sack lunch
Thursday April 13	11am- 2pm	Zoo Tour	Now that the weather has warmed, let's go visit our world class zoo! Bring a sack lunch or spending money! Cost: \$10-\$20 lunch or sack lunch
Friday April 14	11am- 2pm	Museum of Transportation	The Museum's rail and transit collections have grown to encompass more than 190 major exhibits. Cost: \$15 admission + \$10-\$20 lunch
Saturday April 15	11am- 2pm	Route 66 Flea Market	One man's trash is another man's treasure. Let's see what we can find. Cost: \$10-\$15 lunch + spending money
Tuesday April 18	12pm- 3pm	Bowling & Lunch	Let's "strike" up some fun with an afternoon of bowling and friends. Cost: \$10 bowling + \$10-\$15 lunch, bowling alley TBD
Thursday April 20	11am- 2pm	Book Bingo & Lunch	Hosted at the Jamestown Bluff library in North County, an afternoon full of BINGO and winning books! We will have lunch at a nearby restaurant first! Cost: \$15-\$20 lunch
Monday April 24	12pm- 3pm	Lunch & Line Dancing	The Grand Glaize Branch Library in Manchester, MO is hosting a line dancing class from 2p-3p! This class is for anyone, even beginners! We will grab lunch before at a nearby restaurant. Cost: \$20 lunch
Tuesday April 25	5:30pm- 9pm	Lindenwood Choir Concert	We are going to cross the river into St. Charles to listen to a spring concert with the Lindenwood University Choir! Enjoy a quick bite to eat before the show. Cost: \$7 ticket + \$20 dinner
Thursday April 27	11am- 2:30pm	Movie Madness	Catch a newly released movie at a local theater! Cost: \$10 ticket + \$10-\$20 lunch
Saturday April 29	11am- 2pm	Spring Craft Day	Enjoy all the beautiful spring colors by creating a new craft to take home. Event hosted at the LifeBridge office with a light lunch served. Cost: \$20