

THE SOURCE THE NEWSLETTER OF LIFEBRIDGE

Important Dates:

August 10-17
September program
registration
September 5
Office closed for Labor
Day

September 22 LifeBridge Annual Golf Tournament Fundraiser. Visit the link for more information.

https://www.lifebridgestl.org/events

September 2022



PLEASE READ.....

There's been a lot of confusion regarding the program confirmation process. First and foremost, you **ARE NOT** guaranteed to attend every program you have registered for. Signing up for events is not on a first come first served basis. Once the program registration period ends LifeBridge will coordinate transportation and support staff for each program. If approved for a program you will receive a confirmation email, text or call.

If you have any questions or need further explanation, please see our contact information on the next page. Hopefully this will provide some clarification!

NOTE:

*Clients attending the Busch Stadium **MUST HAVE A CREDIT OR DEBIT CARD** for purchases OR you can bring your own food/drink.

Programs funded by:









What's Happening at LifeBridge?







Follow us on social media







Communicating with LifeBridge Staff

Kelly Fraction
Out and About Coordinator
St. Louis City and County
314-701-7265 | kellyf@lifebridgestl.org

Heather Bustamante
Community Training Supervisor
St. Louis City and County
314-701-8128|heatherb@lifebridgestl.org

Adam Saito
Program Support Coordinator
Volunteers, Vans, Program Quality
314-756-0207 | adams@lifebridgestl.org

Heather Ward Chief Program Officer 314-926-0940| heatherw@lifebridgestl.org

After Hours Emergency Line 314-778-0822

If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



SEPTEMBER

Out and About Events

\$10 transportation not included in program cost Program registration period- August 10-17

Sunday	Monday	Tuesday	Wednesday	Thursday 1 Volunteer @ St. Louis Area Food Bank	Friday 2 Afternoon Bowling GO BOWLING THEY SAID ITLL BE FUN THEY SAID	Saturday 3 Japanese Festival OR St. Louis World's Fare
4	5 Office Closed Happy Labor Day!	6	7	Cardinals Vs. Nationals	9	10 "Craft"ernoon at the LifeBridge Office
11	12	13 Maryville Day OR Cardinals Vs. Brewers	14	T5 Twilight Concert at the Missouri History Museum	16	17 Vintage Market Days
18	19	History Museum, Coloring STL	21	Happy First Day of Fall!	Taste of St. Louis Taste Fantious	24 St. Louis Hispanic Festival
25	26	27 St. Louis Union Station	28 Maplewood Concert	29 Movie Night: LifeBridge Office	30	



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Out and About Event Descriptions

Date	Time	Event Name	Event Description	
Thursday September 1	10am-1pm	Volunteer: St. Louis Area Foodbank	There were so many good hearted folks that wanted to volunteer their time to help our community, so here's another opportunity to serve! Cost: \$10-\$15 lunch, restaurant TBD.	
Friday September 2	11am-2pm	Afternoon Bowling	How about a little Friday afternoon bowling? We always have such a great time with a little friendly competition. Cost: \$15 bowling + \$10-\$15 lunch at the café inside the bowling alley, location TBD.	
Saturday September 3	10:30am- 1:30pm	Japanese Festival @ MO Botanical Gardens	Celebrating the history, culture, and people of Japan, the Japanese Festival at the Missouri Botanical Garden is one of the largest and oldest festivals of its kind in the United States. Cost: \$16 admission (\$8 for members) + \$15-\$20 food at the festival.	
Saturday September 3	10:30am- 1:30pm	St. Louis World's Fare	Come out and enjoy a new historic experience in Forest Park. There will be live music, food trucks, games and other activities. Cost: \$20-\$25 lunch.	
Thursday September 8	11:30am-3pm	Cards Vs. Nationals	The Cardinals regular season is coming to an end. Cost: \$20 ticket (include \$6 Cards cash). MUST BRING CREDIT/DEBIT CARD OR BRING YOUR OWN FOOD AND DRINK.	
Saturday September 10	10:30am- 1:30pm	"Crafternoon"	Fall is coming which means Halloween will be here before you know it!! It's not too early for a Halloween décor "craft"ernoon. Who's in?!? Join us at the LifeBridge office! Cost: \$20 lunch and supplies.	
Tuesday September 13	11am-2pm	Maryville Day	We are lucky to have volunteers to join us again for a fun filled afternoon of games, food, conversations and fun. We've invited another agency to join in on the fun, so you will be sure to see some new faces. Cost: \$5 lunch, location TBD.	
Tuesday September 13	6:15pm-10pm	Cards Vs. Brewers	The Cardinals regular season is coming to an end. Cost: \$20 ticket (include \$6 Cards cash). MUST BRING CREDIT/DEBIT CARD OR BRING YOUR OWN FOOD AND DRINK.	
Thursday September 15	5pm-8pm	History Museum: Twilight Concert	Lets sit under the stars and listen to live music and enjoy dinner at the food trucks. You must bring a lawn chair or a blanket and you are welcome to bring your own food and drinks. Cost: Free **If you choose to purchase food. **Must have your own transportation. Drop off/pick up at the Missouri History Museum.	
Saturday September 17	10:30am- 1:30pm	Vintage Market Days	Vintage Market Days of St. Louis is an vintage inspired market featuring art, antiques, jewelry, handmade items, home décor and many more treasures. There will be live music, food and snack vendors. Cost: \$12 admission + \$10-\$20 lunch/snacks + spending money.	
Tuesday September 20	10:30am- 1:30pm	History Museum: Coloring STL	St. Louis is a kaleidoscope of architecture filled with structures of every age, shape, and size. At Coloring STL, you can interact with fascinating buildings in a way you have never thought of before—by coloring them, right on the walls! Cost: \$10-\$15 lunch, restaurant TBD.	
Friday September 23	4pm-7pm	Taste of St. Louis	OK food lovers this is for you! Taste of St. Louis in Ballpark Village will have a variety of food trucks and dessert options. A little bit of everything for your taste buds. Cost: \$20-\$30 food + spending money.	
Saturday September 24	11am-2pm	St. Louis Hispanic Festival	This is the largest Hispanic Festival in the St. Louis Area. Traditional folk dancers, Hispanic music and a variety of foods and drinks from Latin and South America. Cost: \$20-\$30 food/drinks.	



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Continued.....

Tuesday September 27	11am-2pm	Union Station	Let's take a journey through the St. Louis Aquarium. Afterwards, we can enjoy The Wheel and/or a friendly game of mini golf. Cost: \$25 admission + \$15 ticket for The Wheel and/or \$15 ticket for mini golf. **Bring a sack lunch.
Wednesday September 28	5pm-8pm	Maplewood Concert	Come on out to the Summer Concert Series which may bring neighbors, friends and everyone in between together for an evening of music and fun. Dance to the tunes of he band Fanfare. Cost: free, please bring your own lawn chair or blanket and your own food and drink.
Thursday September 29	4:30pm- 7:30pm	Movie Night: LifeBridge Office	Join us for a night of your favorite movie! Don't forget to let us know your movie suggestions. As always, there will be a vote on the movie that will be featured. Cost: \$10 dinner and snacks.