



CREATING CONNECTIONS,
ENRICHING LIVES.

THE SOURCE

THE NEWSLETTER OF LIFE BRIDGE PARTNERSHIP



MESSAGE.....

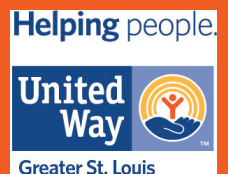
Hello LifeBridge Family and Friends. We are easing back into increasing group sizes for programs and on the vans. That does not mean we will let our guard down. At this time, we will still be requiring staff and clients to wear a mask when attending a program. We will still practice frequent hand washing and social distancing when masks come off to eat.

March 9th is Missouri Disability Rights Legislative Day. We are taking a trip to the state capital in Jefferson City to participate in the rally and meet policymakers. More information on page 4

March 9th-
Missouri Disability Rights
Legislative Day, Jefferson
City

March 17th-
St. Patrick's Day!!

Programs funded
by:





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What's Happening at LifeBridge?



Communicating with LifeBridge Staff

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If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.

Follow us on social media





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MARCH

Out and About Events

\$10 transportation not included in program cost
Program registration period February 16-23

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 St. Louis Sound@ History Museum COMMUNITY	2	3 St. Patricks Day Craft COMMUNITY	4 Silly Games VIRTUAL	5
6	7	8	9 Disability Right Day trip to Jefferson City COMMUNITY	10 Murder Mystery VIRTUAL	11	12 March Madness Party COMMUNITY
13	14	15 Country Line Dance COMMUNITY	16 Trivia VIRTUAL	17 	18	19 Scavenger Hunt COMMUNITY
20	21	22 VIRTUAL BLITZ Send us your ideas for a virtual program	23 VIRTUAL BLITZ Send us your ideas for a virtual program	24	25 VIRTUAL BLITZ Send us your ideas for a virtual program	26
27	28	29 Brewery Tour COMMUNITY	30	31 Game Night COMMUNITY		



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MARCH 2022

Out and About Event Descriptions

Date	Time	Event Name	Event Description
Tuesday March 1	11am-1:30 pm	History Museum	St. Louis can't stay quiet. The region has produced legends who are on a first-name basis worldwide, like Ike & Tina, Miles, Chuck, and Nelly. Join us for some fun facts at the History Museum. Eat lunch at a delicious spot (client must choose where to eat). Cost: \$10-\$15 lunch (restaurant TBD)
Thursday March 3	5:30pm-8pm	St Patrick's Day Craft	Calling all of our crafty, lucky leprechauns to the LifeBridge office for a St. Patricks Day craft. Cost: \$10.00, \$10.00 dinner.
Friday March 4	6:30-7:30pm	Silly Games **VIRTUAL**	Whisper Games, read my lips, Mad Gab and more.....
Wednesday March 9	9am-3pm	Disibility Rights Day	For nearly 20 years, disability advocates from around Missouri have traveled to the State Capitol to participate in Disability Rights Legislative Day and have their voices heard. Let's join them in Jefferson City **Must have transportation to the LifeBridge office. Cost: \$10-\$15 for lunch
Thursday March 10	6:30pm-7:30pm	Murder Mystery **VIRTUAL**	You guys did so good with the virtual escape room... let's see if you can solve a murder.
Saturday March 12	11am-1:30pm	March Madness Party	Its that time of year again!! Let's get our March Madness brackets filled out and have a basketball party. Cost: \$10.00, includes lunch.
Tuesday March 15	5:30pm-8:00pm	Country Line Dnace	Yee haw... Let's do a little country line dancing. We can learn together! Cost: \$5.00 for dinner.
Wednesday March 16	6:30pm-7:30pm	Trivia **VIRTUAL**	Join us virtually for a little trivia.
Saturday March 19	11am-1:30pm	Scavenger Hunt	In honor of Women's History Month, Central Library is hosting a Remarkable Women in History Scavenger hunt. Clues will be hidden around the library. I know we have some remarkable LifeBridge women (and men) that would love this program. Cost: \$10-\$15 for lunch
Tuesday March 29	11am-1:30p	Brewery Tour	Tour of the Anheuser-Busch Brewery. Cost: \$15.00 for the tour, \$10-\$15 for lunch.
Thursday March 31	5:30pm-8pm	Game Night	GAME NIGHT!!! We all LOVE gamenight at the LifeBridge office. What do you want to play? Cost:\$10.00 for dinner.