



June 2022

CREATING CONNECTIONS,
ENRICHING LIVES.

THE SOURCE

THE NEWSLETTER OF LIFE BRIDGE PARTNERSHIP



Important Dates:

May 10-20
Program Registration

May 30
Office Closed

June 19
Happy Father's Day!

MESSAGE.....

Hello, Out & About Members

We LOVE hearing from you when registering for events! You are doing a great job advocating for yourselves. Keep it up!!!

Please take this time to read and let us explain our confirmation process since questions and late registrations have come up quite a bit recently. When you register for a program you are put on a wait list for that event. (You are not guaranteed each program that you sign up for). Once registration is closed, there's two main components in the confirmation process which entails making sure the transportation routes makes sense logistically and if there is enough support staff for the number of participants that want to attend. It is very important to register for programs during the time period provided in the *Source*. After careful review of the routes and you are requesting programs after registration has closed, routes and staff have already been assigned.

A lot of you have signed up for Cardinals games.... no surprise there, we know you love your Cardinals baseball. Please be patient with us at making sure everyone may attend least one game this season.

LifeBridge hope this helps you to understand the process a little better. Please feel free to reach out to staff if you have any questions.

See next page for contact information.

Programs funded
by:





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What's Happening at LifeBridge?



Communicating with LifeBridge Staff

Kelly Fraction

Out and About Coordinator

St, Louis City and County

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Heather Bustamante

Community Training Supervisor

St, Louis City and County

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Adam Saito

Program Support Coordinator

Volunteers, Vans, Program Quality

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Heather Ward

Chief Program Officer

314-926-0940 | heatherw@lifebridgestl.org

After Hours Emergency Line 314-778-0822

If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. Calling the office repeatedly does not get your phone call returned faster and may lead to suspension of services.

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.

Follow us on social media





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JUNE

Out and About Events

\$10 transportation not included in program cost
Program registration period May 10-20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Karaoke and Dinner 	2 Humane Society Tour 	3 St. Louis Trolley Tour 	4
5	6 Movie Monday 	7 Busch Stadium Tour 	8	9 Game Night 	10 Deloitte Day 	11
12	13	14 Cardinals Game 	15 Walking Club 	16 Splatter Room 	17 Busch Stadium Tour 	18 Gateway Dragon Boat Festival 
19 	20 Movie Monday 	21	22	23 Blaze STL, Pottery 	24 Long Meadow Rescue Ranch 	25 4th of July Craft 
26	27	28 Fairmont Park 	29 Cardinals Game 	30		



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Out and About Event Descriptions

Date	Time	Event Name	Event Description
Wednesday June 1	5pm-8pm	Karaoke and Dinner	Join us at the LifeBridge office for some Karaoke! Cost: \$10 for dinner.
Thursday June 2	11am-2pm	Humane Society Tour	Tour the Humane Society facility and learn about how they care for all of the animals. We will get to see the cats and dogs that are at the shelter. Cost: free tour + \$10-\$15 lunch, restaurant TBD.
Friday June 3	11am-2pm	STL Trolley Tour	Get acquainted with local favorites around St. Louis during a 75 minute tour on a Trolley. Cost: \$28 tour + \$10-\$15 lunch, restaurant TBD.
Monday June 6	5pm-8pm	Monday Night Movie	Monday Night Movie Madness!! Cost: \$10-\$12 ticket + \$10-\$15 dinner, theater TBD.
Tuesday June 7	11am-2pm	Busch Stadium Tour	Explore areas of the ballpark that may not be regularly accessible during gameday operations and learn more about the history of the stadium from one of Busch Stadiums experienced guides. Cost \$20 admission +\$10-\$15 lunch.
Thursday June 9	5pm-8pm	Game Night	Game Night at the LifeBridge office is always a BLAST! Please come on out and join us. Cost: \$10 dinner and snacks.
Friday June 10	10am-2pm	Deloitte Day	There will be volunteers from Deloitte to join us again for a fun day at Millennium Park in Creve Coeur. Yard games, card games and more. Cost: free + lunch will be provided.
Monday June 13	5:45pm-10pm	Cardinals Game	The St Louis Cardinals have generously donated tickets to us for the June 13th game against the Pirates. THANK YOU ST. LOUIS CARDINALS!!! Cost: free + bring spending money.
Tuesday June 14	5:45pm-10pm	Cardinals Game	Cardinals Baseball Game! Cost: \$20 ticket (includes \$6 in Cards cash for purchases). You can bring your own snacks + spending money.
Wednesday June 15	10:30am-1:30pm	Walking Club	Each month we will visit different local parks that has a walking trail. Fun, fitness and friendship. Cost: free + bring a sack lunch, we will eat at the park.
Thursday June 16	5pm-8pm	Splatter Room	Splatter room..... just like it sounds. The venue will provide us with coveralls, booties, goggles and shower caps. We get to make a BIG MESS splattering paint all over walls and canvases. Cost \$20.00 admission + \$10-\$15 dinner, restaurant TBD.
Friday June 17	11am-2pm	Busch Stadium Tour	Explore areas of the ballpark that may not be regularly accessible during gameday operations and learn more about the history of the stadium from one of Busch Stadiums experienced guides. Cost \$20 for admission, \$10-\$15 for lunch.
Saturday June 18	10:30am-1:30pm	Gateway Dragon Boat Festival	Family friendly festival with live entertainment, food vendors and boat racing. Cost: \$10-\$20 lunch at one of the food trucks of your choice.



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Continued.....

Thursday June 23	11am-2pm	Blaze STL	Who is ready to get their hands dirty and create something wonderful?! I am super excited about this opportunity at the Blaze STL pottery studio. Cost: \$15 admission + \$10-\$15 lunch, restaurant TBD.
Friday June 24	9am-2pm	Long Meadow Rescue Ranch	Humane Society of Missouri's Longmeadow Rescue Ranch is haven for hundreds of abused and neglected horses, cows, goats, pigs, ducks and other farm animals. Cost: \$10 admission + bring a sack lunch. Must wear sneakers and comfortable clothes, there will be A LOT of walking. Not ADA accessible and you must have transportation to/from the LifeBridge office. Please arrive at 8:45am.
Saturday June 25	11am-2pm	4th of July Craft	4th of July Craft at the LifeBridge office! Cost: \$15 supplies + lunch.
Tuesday June 28	11am-2pm	Horse Hooky Tuesday	Let's take a trip to Fairmont Park for live horse races on Horse Hooky Tuesday. Cost: \$10-\$15 lunch at Fairmont + money to bet on races.
Wednesday June 29	5:45pm-10pm	Cardinals Game	Cardinals Baseball Game! Ticket and parking is \$20 which includes \$6 in Cards Cash for concessions. You can bring in your own snacks or bring spending cash.