



CREATING CONNECTIONS,  
ENRICHING LIVES.

# ***JANUARY 14, 2022 UPDATE***

## THE SOURCE

THE NEWSLETTER OF LIFEBRIDGE PARTNERSHIP

### ***MESSAGE.....***

THANK YOU for your support and patience while we navigate LifeBridge services during the month of January. **On page 2 you will find programs being offered between January 18-January 31.**

Due to the quickly changing circumstances, LifeBridge will be taking a 2-week approach to offering programs. Programs being offered February 1-13 will be released by January 24.

As always, LifeBridge is committed to supporting our clients with safe, dynamic, and inclusive services as our resources allow.

Please reach out to a member of our team with any questions or concerns.

Programs funded  
by:





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# January 18-31, 2022

## VIRTUAL EVENTS: FREE

### **Thur, Jan 20      Solve a Mystery**

6:30pm-7:30pm

Join the O&A group online to solve the case! We will either do an online escape room or murder mystery game.

### **Fri, Jan 21      Crossword Challenge Pt. 2**

6:30pm-7:30pm

This event was a huge hit earlier in January. Members worked together to solve online crossword puzzles. This is a great way to challenge your brain as well as practice working with others!

### **Sat, Jan 22      Music Madness**

11am-12pm

Join music therapist Addie for a fun afternoon of music, games, and more! No instruments or skill needed!

### **Tues, Jan 25      Roller Coaster Tour**

6:30pm-7:30pm

Do you love roller coasters or maybe you don't! We will be doing a virtual tour of some of the most famous and death defying roller coasters in the world.

### **Thur, Jan 27      BINGO**

6:30pm-7:30pm

Enjoy a friendly game of BINGO with the O&A Group, we will play traditional BINGO as well as try some new patterns. LifeBridge can deliver BINGO cards if you need them.

## COMMUNITY ACTIVITIES

On a limited basis, LifeBridge is able to provide community programs for 1 client & 1 staff at a time. This opportunity includes transportation to visit a venue of your choosing for 1-2 hours. Client and staff will be provided with an N95 mask and practice safety protocols such as frequent hand cleansing and social distancing. Client will be responsible for transportation and activity costs. Staff are available on the following dates for either daytime or evening.

January 19, 20, 21, 22, 25, 26, 27, 28, 29

**To RSVP for Virtual Events or arrange a Community Activity, contact**

Heather Ward, Chief Program Officer: 314-926-0940

Heather Bustmante, Community Training Specialist: 314-701-8128