July 202





CREATING CONNECTIONS, ENRICHING LIVES.



IMPORTANT DATES

Friday, June 15-25

July Program Requests

Monday, July 5

Office closed in observance of Independence Day

O&A Cancellation Policy

We are so excited to service clients in the community at a larger capacity! As we transition we want to ensure the Cancellation policy is clear so that everyone can participate accordingly.

-If you cancel seven days in advance it is a "responsible cancellation," less than 7-day notice for **any** reason is an "irresponsible cancellation." Programs canceled with a less than 7-day notice are subject to the following consequences:

-Participant is still responsible for the full cost of the ticket/admission (if applicable to the event). -The first two (2) cancellations will result in a "Warning." -The third cancellation, within a 3-month period, will result in "Suspension" from ALL LifeBridge programs for one (1)

month.

Out and About **Program Funders:**







Farewell to Chanese!!

Chanese has been with the Out & About team for over two years providing case management for the South and Mid County caseloads, and will be leaving to pursue a career in counseling. She will truly miss servicing clients and their families. She was dedicated to the mission and will be missed. Her last day will be **June 21st**. We wish her the best of luck in all of her future endeavors. Please forward any questions or

concerns you have to **Kelly Fraction** or Heather Ward.

Communicating with LifeBridge Staff

Kelly Fraction Community Training Supervisor St. Louis City and County 314-701-7265 | kellyf@lifebridgestl.org

Chanese Harris Community Training Supervisor St. Louis County (West, and South County) 314-701-8128 | chaneseh@lifebridgestl.org

Adam Saito Program Support Manager Support Services (Transportation, Volunteerism, Quality Management) 314-756-0207 | adams@lifebridgestl.org

Heather Ward Chief Program Officer 314-926-0940 | heatherw@lifebridgestl.org

If you are trying to reach a staff member by phone, please leave a message and allow up to one business day for a return phone call before calling again. <u>Calling the office</u> <u>repeatedly does not get your phone</u> <u>call returned faster and may lead to</u> <u>suspension of services.</u>

If you have access to email, be sure to let LifeBridge staff know your email. In most cases email is the quickest way to communicate with staff concerning program planning and questions.



CREATING CONNECTIONS, ENRICHING LIVES. Welcome to the O&A Virtual/Community Events calendar! Virtual events will be 1-2 hours long and take place using Zoom video. See page 4 for full event descriptions.

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				I) Reptile Man 9:45pm-12:30pm Community	2) First Fridays at Science Center 4pm-7:30pm Community	3)
4)	5)	6) Disney Movie Night 5pm-7pm Virtual	7) Dinner & Live Music 6pm-8:30pm Community	8)	9) Friday Night Fun: Zoo 4:30pm-7pm Community	10) Weekend Shopping 11:30am-2pm Community
11)	12)	13) Trivia O&A 5:30pm-6:30pm Virtual	14) Get Your Bowl On! 12pm-3pm Community	15)	16) Pizza & Games 5pm-8pm Community	17)
18)	19)	20) Social Game 5pm-6pm Virtual	21) Botanical Garden 10am-1pm Community	22)	23) Day Trip: Kemp Lake 10:30am-3pm Community	24
25)	26)	27)	28) Dinner & Kahoot! Trivia 5pm-8pm Community	29) America's Funniest Pets 5pm-6pm Virtual	30)	31)



July Out and About Event Descriptions

CREATING CONNECTIONS, ENRICHING LIVES. \$10 transportation not included in program cost

Thurs, July 1	9:45am- 12:30pm	Reptile Man Virtual	Kelly	Join us at LifeBridge Youth Camp for an extraordinary visit from The Reptile Man! The Reptile man was a Las Vegas finalist on America's Got Talent with performing and showing species of reptiles and arachnids from around the world! This is a show you won't want to miss. The show will be held at Paraquad and then afterwards it will be client's choice for lunch. Cost: \$5 show admission +	
Fri, July 2	4pm- 7:30pm	First Friday's @ Science Center Community	Kelly	Join Maverick and the rest of the USS Enterprise and dive into the real science and technology behind Top Gun. Enjoy educational activities, trivia, featured speakers, and food and drink specials. Take the "TOPGUN Challenge" building-wide game and see if your STEM skills are up to the challenge! Cost: \$10 cafe food inside the Science Center or bring sack dinner or snack	
Tues, July 6	5pm- 7pm	Disney Movie Night Virtual	Kelly	Whether it's an old disney movie or new, come on out and join your LifeBridge friends on zoom. I know there's a lot of Disney fans out there, so be sure to arrive with a list of movies so we can vote on the top three movie choices.	
Wed, July 7	6pm- 8:30pm	Dinner & Live Music Community	Heather	Let's make our first visit to 9 Mile Garden in Affton! 9 Mile Garden is a family-focused entertainment district and home to Missouri's first food truck garden. We will enjoy dinner from one of the many food trucks and then hang out enjoy live music with your friends. This is a 100% outdoor venue so plan for warm temps and bring bug spray. Cost: \$15-\$20 food	
Fri, July 9	4:30pm- 7pm	Friday Night Fun: Zoo Community	Kelly	As you walk around the Zoo, you'll find entertainers roaming around campus. Entertainers will vary throughout the summer. You may find strolling magicians, jugglers, stilt walkers, saxophone or guitar players, or even a DJ around the Zoo. Cost: \$12 cafe dinner inside the zoo or bring sack dinner or snacks	
Sat, July 10	11:30am- 2pm	Weekend Shopping Community	Kelly	Shop till you drop! Cash out at one of the local stores around town. Be sure to budget though! Cost: \$10 lunch + spending money *restaurant and stores TBD*	

Date	Time	Event	CTS	Event Description
Tue, July 13	5:30pm- 6:30pm	Trivia Virtual	Kelly	Put those brain cells to the test! That's right, test! Let's see how many questions you can answer! Join us tonight on Zoom!
Wed, July 14	12pm- 3pm	Get Your Bowl On! Community	Kelly	Bowl, eat and have fun with your LifeBridge friends! Hit the lanes, you could even play arcade games and grab some food at the cafe inside the bowling alley! Cost: \$15 bowling + \$10 lunch *bowling alley location to be determined*
Fri, July 16	5pm- 8pm	Pizza & Games Community	Heather	Enjoy a night of playing your favorite games at the Lifebridge office with your LifeBridge friends and eating delicious pizza! Client cost: \$10
Tues, July 20	5pm- 6pm	Social Game Virtual	Heather	Enjoy a game with your Lifebridge peers that will test your knowledge of how to handle social situations in a fun way!
Wed, July 21	10am- 1pm	Botanical Garden Community	Heather	Enjoy a day trip to the Missouri Botanical Garden in South St. Louis. This is a great way to get out, get some exercise, and enjoy the beautiful scenery. St. Louis City/County residents enjoy free Garden admission Wednesdays. **Must bring a valid ID**. Client Cost: \$10-\$15 lunch (optional).
Fri, July 23	10:30am- 3pm	Day Trip: Kemp Lake Community	Heather	Set your eyes on the beautiful scenery at Kemp Lake located just over an hour from St. Louis! There's all kinds of activities such as bird watching, fishing, hiking and many more! Dress for outdoor weather including sunscreen, hats, and bug spray. A BBQ lunch is included. LifeBridge transportation will ONLY be provided from a centralized meet up point (TBD). Cost: \$35 includes transportation and lunch
Wed, July 28	5pm- 8pm	Dinner & Kahoot Trivia! Community	Heather	Join us at the LifeBridge office for a night of fun with your friends! We will enjoy dinner together and play trivia through the interactive trivia app Kahoot! Trivia is for all skill levels and prizes will be awarded. Client Cost: \$10 admission